Mental Health Training for Frontline Staff

Improved confidence and understanding for frontline staff providing services to people with mental health problems

This course developed by West Kent Mind has three key aims:

• To improve knowledge and awareness of mental health problems
• To equip frontline staff with skills, techniques & confidence when engaging with people with mental health problems
• To know where to get support

The course is based on the more in-depth Mental Health First Aid training.

Where:

When:

To book your place:

We’re Mind, the mental health charity. We’re here to make sure anyone with a mental health problem has somewhere to turn for advice and support.