

# Ashford Mental Health Action Group



Meeting on Thursday 9<sup>th</sup> March, 2017, 2pm-3.30 pm  
At the Live It Well Centre, Canterbury Road, Ashford, Kent TN24 8QF

ATTENDEE NAME	ORGANISATION & ROLE	EMAIL ADDRESS
Amanda Godley - Chair	Co-Chair Ashford MHAG/SpeakUp CIC	
Sue Sargeant - Minutes	West Kent Mind	
Graham Tarrant	Ashford & Tenterden Umbrella Trust	
Steph Shellock-Wells	Carer and Hearing Voices Group facilitator	
Jenny Solomon	Insight Healthcare, Service Dep Mgr	
Lin Irwin	Invicta Health Primary Care Mental Health Nurse	
Lorna Henderson	KMPT, CMHT Service manager	
Michelle Woodward	Student Mental Health Nurse	
JB	SpeakUp CIC Service user	
KS	SpeakUp CIC Service user	
RN	SpeakUp CIC Service user	
Paul Haith	Sussex Partnership Trust (CAMHS)	

APOLOGIES	ORGANISATION
Ali Marsh	Think Action, Ops Manager
Dave Rains	Rethink Mental Illness
Amelia Greensill	Turning Point
Lindsey Kennett	Carers' Support, MH Outreach Worker
Carol Boorman	Ashford CCG
Annie Jeffrey	Co-Chair Ashford MHAG
Luke Hobson	SpeakUp CIC Service user

## 1. Welcome, Introductions & Apologies

The Chair welcomed the group and apologies were noted as above.

## 2. Minutes of last meeting – Approved without amendment

## 3. Children & Adolescent Mental Health Service (CAMHS) - Paul Haith, Sussex Partnership

Paul is the General Manager for CAMHS covering East and South Kent. CAMHS receives referrals for up to 18 year olds from anyone working with young people, although the main referrers are GPs. There has been a 20% increase in the number of people being referred in the last 5 years.

There has been a lot of change. Our service was commissioned for 3 years, extended to 5 years and is now out for tender. A new contract will start in September, hopefully with a little more money available, but we won't know until after May whether Sussex Partnership Trust will be continuing to provide this service.

We have started the Early Help Services run out of KCC with a specialist mental health worker going into each of 22 new posts across county which are currently being recruited to. Seeing people early in their journey will be helpful. Another expansion area is psychiatric liaison in A&E departments. There has been a huge upturn in young people presenting during the day and out of hours. The Home Treatment team had been expanded with a temporary post, a dedicated nurse in a hospital setting linked to local paediatric wards. Winter money originally funded this so there was a nurse in each hospital from 8am to 10pm, this has now reduced to 1 nurse per 2 hospitals for one shift per day.

**Comment:** The communication strategy is lacking between services and to service users. There are good things happening but these are not being shared across services, ie there is a yoga group out of Cherry Tree in Folkestone but service users only found out if they happened to see poster. A carer's son has been under the CAMHS service for 2 and a half years but has never received any communication about community services.

**Comment:** Communication is also bad between the crisis (CHRT) and community mental health (CMHT) teams. An example was given of the CHRT advising a 17 year old in crisis to be taken to A&E but nobody from CHRT turned up there. Also where a psychiatrist was worried about risk but this was not properly communicated to the CHRT. It is not imbedded in the service to think about the impact on carers.

**Response:** Paul agreed that communication should be better. Changes have been made to the CHRT and there is now a permanent team leader. However, although early intervention is provided from age 14, this doesn't include psychiatry. There are also very small numbers of staff available in the CHRT, ie only 1 nurse from 10pm to 9am and if there is a section 136 for the police, which may take a long time, this can create a shortage.

There is a problem with services not being local from people. We don't run the inpatient service, it is commissioned by South London & Maudsley (SLAM). The number of beds has been reduced and we are lobbying. Bonita Andrews has a participation role and is a lead on that.

#### 4. Action Points

##### a) From Ashford MHAG:

1	Contact Lee Robinson to find out more information about gardening task force.	The Task Force is part of the Ashford Vineyard Church not the Ashford Volunteer Centre. They have a number of groups and volunteering opportunities on offer. Sue has invited them to the meeting but has not had a response.
2	Confirm number of mental health and PICU beds available across Kent.	Leonie confirmed: The older adult beds are as follows 42 for East Kent 14 for Medway 16 for North Kent & Medway Partnership Trust 16 for West Kent In addition to beds for younger adults: 78 beds for East Kent patients (69 at St Martins Hospital, Canterbury and 9 in Priority House, Maidstone) 45 beds for West Kent patients at Priority House, Maidstone 48 beds for North Kent patients in Dartford. Also a total of 12 Psychiatric Intensive Care Unit (PICU) beds located at Dartford with no specific area allocation.
3	Follow up with Andy Oldfield re CAMHS crisis team not making home visits.	Carol has been looking into a number of concerns raised by Steph at the last meeting. See Steph's update below.

b) **Response to question taken to County MHAG:** (See County minutes for further discussions <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>)

1. What is being done to centralise electronic notes between the services? Is it possible to open up the RiO electronic patient record system to other services or organisations, even just one person in the company, ie Carers Support.

*Angus Gartshore had responded that KMPT's electronic information system cannot be accessed by other services due to confidentiality issues. Annie asked how plans for multi-specialty providers (MSP) will work as information sharing is not happening. Andy advised that Public Health have started a pilot project for Kent Integrated Data (KID) which will hopefully produce good results.*

*It was noted that East Kent/West Kent have slightly different models for transferring people from secondary care to primary care and suggested Angus could explain it at the next County meeting in April and perhaps also at local MHAG groups.*

**Action 1: Ask Angus Gartshore to explain different models for East/West Kent for transferring from secondary to primary care.**

2. Ask KCC who has the contract in Kent for support for carers who are over 18 caring for under 18s with mental health?

This was not discussed at County but Carol gave this update:

*"KCC are aware of the carers gap and have assured me they will be looking into this area of lack of support and Carers Support have said that although there is not a specific contract for adults looking after an under 18 year old, they do have some resources to support Carers outside of this contract, and would not wish to see a Carer in need of support not receiving this."*

**ACTION 1: Carol to provide the contact at KCC.**

## 5. Service User and Carer Questions

a) **Raised at today's pre-meeting:**

- 1) Amanda will follow up on a question about mindfulness.
- 2) What is happening with the refurbishment of the Live It Well Centre?

**ACTION 2: Invite Live Well Kent to give an update of the Live It Well Centre refurbishment and the new contracts.**

- 3) Steph has a meeting planned with Sandra Leverick, Mental Health Lead East Kent Children's Commissioning Support Team & Bonita Andrews, Sussex Partnership Trust) to discuss the concerns she has with the service provided. She will provide an update at the next meeting.

b) **Take to County:** None

## 6. Review new Terms of Reference (TOR)

At the February County MHAG, the Swale MHAG reported they had a workshop to look at the Terms of Reference (TOR) for their group. Their new draft TORs ask for a signed commitment from organisations to attend the meetings regularly. These have been circulated to all local MHAGs for comment and feedback with a view to all groups adopting the new TORs. Any comments should be forwarded to the Admin team before the April County MHAG.

**ACTION 3:** Any comments on the draft TORs to be forwarded to [mhag@westkentmind.org.uk](mailto:mhag@westkentmind.org.uk) before the April County Meeting.

**ACTION 4:** All organisations involved in the Ashford MHAG to send name and contact details of the person responsible for ensuring attendance.

## 5. Information Sharing:

1. **County MHAG Update:** Please see the County MHAG minutes which were circulated before the meeting for full details. The minutes and local questions are all available at <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>

Liz Bailey talked about how Shaw Trust will be working together with the various primary care teams to look at formalising who provides what to prevent overlap, ensure good pathways and reduced repeat assessments and duplication.

Open Dialogue. Annie and Yasmin gave an update and Annie will give presentation at next meeting

KCC highlighted their Promoting Independence consultation. The two individual services for housing related support (Supported Accommodation and Supporting Independence at home) are coming to an end. The new service will bring both of these together under one contract.

2. **Commissioners' Reports:** These have yet to be circulated but will be posted shortly on the Live It Well website <http://www.liveitwell.org.uk/local-news/ashford/#MHAGInformation>

a) **Ashford CCG Commissioners' Report.** Not yet available.

b) **Sue Scamell, KCC** – Shaw Trust now provide an update on behalf of Kent County Council. However, Sue is always happy for any queries to be emailed directly to her on [sue.scamell@kent.gov.uk](mailto:sue.scamell@kent.gov.uk)

c) **Shaw Trust Live Well Kent Ashford Report:** Not yet available

3. **Provider Service Update/New Members:**

**Community Mental Health Team (CMHT).** Lorna has only been in post for 3 or 4 weeks but is happy to come back and give an update. They currently have a couple of vacancies which are being looked at.

**Insight Healthcare, Jenny:** The pilot with Skype is still ongoing. Insight also provide online CBT through IESO Digital Health; this modality may particularly suit younger people. We are able to support people from the age of 17 and up in East Kent.

**Ashford & Tenterden Umbrella Centre, Graham:** We have received some money and bought a new billiard and table tennis table. We have also received some new referrals through signposting from Shaw Trust.

## 6. Working Group

A new working group needs to be decided on.

In the meantime, SpeakUp has been lobbying Damien Green MP about what is actually being delivered on the ground with Live Well Kent money and have received a response from Live Well Kent.

If anyone has any further examples of poor practice or lack of services in Ashford, please send them to Amanda on [amanda@speakupcic.co.uk](mailto:amanda@speakupcic.co.uk) or join the SpeakUp Facebook page.

**7. Date of next meeting**

11<sup>th</sup> May, 2017, 2pm - 3.30pm at the Live It Well Centre, Canterbury Road, Ashford, Kent TN24 8QF

Meeting finished at 3pm

**Action Table**

Action No.	Action Point	Responsibility	Status
1	Provide the contact at KCC who is looking into the lack of support for carers	Carol Boorman	Completed
2	Invite Live Well Kent to give an update of the Live It Well Centre refurbishment and the new contracts.	Sue Sargeant	Completed
3	Any comments on the draft TORs to be forwarded to <a href="mailto:mhag@westkentmind.org.uk">mhag@westkentmind.org.uk</a> before the April County Meeting.	All	
4	All organisations involved in the Ashford MHAG to send name and contact details of the person responsible for ensuring attendance.	All	

**Administration :**

Phone: 01732 744950

Email: [mhag@westkentmind.org.uk](mailto:mhag@westkentmind.org.uk)



Minutes posted on: <http://www.liveitwell.org.uk/local-news/Ashford>