

East Kent Mental Health Commissioning Team Update January 2019

1. Local Care
<p>We are working to improve Mental Health within Local Care settings across the four East Kent Clinical Commissioning Groups (CCGs). Local care is care not in a main specialist provider but it will provide better access to mental health care and support in people's communities.</p> <p>The East Kent CCGs are commissioning a service to ensure that mental health staff are positioned consistently in all local care settings to support and direct care for patients with mental health issues and reduce the risk of mental health issues developing especially among those with long-term physical health conditions.</p> <p>The formal procurement process will begin in early January 2019 following a successful engagement with the market in November 2018. It is hoped that the new service will be up and running around July 2019, dependant on award of new contract.</p>
2. IAPT (NHS Talking Therapy)
<p>The Kent wide IAPT (NHS Talking Therapy) survey finished at the end of November. A big thank you to those who contributed. There were 213 responses in total with 169 of these (just under 80%) were from east Kent residents. A full report has been produced and has been discussed by the Kent wide IAPT Procurement meeting 18 December and a copy of the full report has also been shared with IAPT providers for comment. We are currently working on an east Kent report only to look at local issues that could be changed / improved with the new procurement. We are now planning engagement events to support the procurement work in 2019. The new service will begin in 2020.</p>
3. Suicide Prevention Funding Bid for 2019/20
<p>The Suicide Prevention funding awarded to the Kent and Medway Suicide Prevention Steering Group by Public Health England and NHS England to support suicide prevention for children and adults in Kent and Medway will continue into 2019/20.</p>
4. PICU out of area beds and Acute East Kent Beds
<p>Monitoring continues on any delayed transfers of care in acute and PICU (Psychiatric Intensive Care Unit beds) beds. The east Kent situation remains as of November 2016 with no out of area placements for acute patients and PICU out of area placements kept to a bare minimum and of short duration. There are currently no East Kent patients in acute. There are 3 female PICU out of area placements.</p>
5. Planned Specialist Out of Area Placements
<p>There are currently 47 people from east Kent in planned specialist placements.</p> <ul style="list-style-type: none"> • 3 from Ashford • 16 from Canterbury and Coastal • 14 from South Kent Coast • 14 from Thanet <p>These people are placed out of Kent for specialist mental health care. These placements are made due to the specific and specialist needs that these individuals</p>

The four clinical commissioning groups (CCGs) in east Kent are working together to improve healthcare across their communities.

have which cannot currently be treated effectively within Kent. The placements are all subject to scrutiny and review by both care co-ordinators and commissioners to ensure the treatment they receive is appropriate, of high quality and meets the needs of the individuals, and as soon as the person is ready to be transferred back to local services plans are in place to do so safely. The type of services for which individuals may require specialist placement include:

- Treatment resistant schizophrenia
- Emotionally Unstable Personality Disorder
- Complex PTSD
- ASD with a learning difficulty
- Eating Disorders

In addition there will be other highly complex and specific treatments for which we may need to commission a placements outside of Kent.

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