

East Kent Mental Health Commissioning Team Update February 2019

1. Local Care
<p>We are currently in the process of procuring our new East Kent Local Care Mental Health Service. We have engaged with some service users and carers who will be helping us evaluate the bids we have received in March. The new East Kent Local Care Mental Health service will place mental health practitioners in local care settings.</p>
2. Communications
<p>We are working to populate the Health Help Now website and app with mental health services for East Kent. The app is free to download on android or apple just search for Health Help Now in the app store. Health Help now can also be accessed via the internet.</p>
3. Suicide Prevention
<p>A £68k Saving Lives Suicide Prevention Innovation Fund has been made available to local services and projects offering community groups between £500 and £5000 for innovative ideas to save lives, prevent suicide and reduce self-harm. 27 projects have been funded with them due to start between now and March 2019.</p> <p>Three hour, face-to-face suicide prevention training is now available for anyone within Kent and Medway who would like to access it. The training is being delivered by Maidstone and Mid-Kent Mind and places can be booked via their website http://www.maidstonemind.org/suicide-prevention-awareness-training/</p> <p>NHS England have confirmed that Kent and Medway STP will receive Year 2 Suicide Prevention funding for 2019/20. This will allow us to continue / extend / replicate the good work that has been put in place this year.</p> <p>The suicide prevention app, Stay Alive, is now available for people in Kent and Medway. With lots of useful information and tools to help individuals stay safe in a crisis, Stay Alive can help both people who may be having thoughts of suicide and those concerned about someone else.</p> <p>The app is available for free from:</p> <p>Apple App Store: https://itunes.apple.com/us/app/stay-alive/id915458967</p> <p>Android Google Play: https://play.google.com/store/apps/details?id=uk.org.suicideprevention.stayalive</p>
4. IAPT
<p>There are improvements in waiting times for treatment and all providers and all East Kent CCGs areas are expected to achieve the six week wait target in March and all are exceeding the recovery rate target.</p>
5. Early Intervention in Psychosis (EIP)
<p>Target: Expand capacity so that more than 50% of people experiencing a first episode of psychosis start treatment within two weeks of referral with a NICE recommended package of care.</p> <p>Progress on Target: KMPT EIP Service remains compliant with access and treatment targets at East Kent level, with some slight variation across the CCGs due to the very small numbers of patients involved.</p>

The four clinical commissioning groups (CCGs) in east Kent are working together to improve healthcare across their communities.

Some interventions are still not fully NICE compliant, however this is gradually improving as the agreed training programme for staff is being implemented. Dedicated WTE consultant psychiatrist is now recruited and in place as of 11.02.19. Anticipated service will be NICE compliant by end of Q2 2019. Extra funding has been provided for this service to ensure performance is maintained and in order to be able to release staff for training, and this is now starting to have an effect.



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