

Report to:	Canterbury Mental Health Action Group
Date of meeting:	4 May 2017
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Status:	For information

Mental Health work stream, Canterbury and Coastal CCG

The Mental Health work stream continues to be clinically led. The CCG is ensuring that feedback received at the MHAGs are fed into the Local Operational Meetings (and visa-versa) to ensure that there is a true local flavour. The NHS Canterbury and Coastal CCG Local Operational meeting will be on 5 May 2017.

PICU and MH Beds

There are currently no adult patients out of area beds (non-East Kent beds) for both MH beds and PICU.

East Kent will be commissioning more PICU beds for 2017 – 19 (beginning in April 2017). This will increase provision and provide a local response to vulnerable people needing this intensive support. Work is ongoing to map out provision and to ensure the needs of the east Kent population are best served.

The Head of the EK MH Commissioning Team continues to meet with the KMPT Assistant Directors for acute and community services to review the current monitoring arrangements.

KMPT hold weekly teleconference bed management calls on Friday's.

East Kent Adult Mental Health Crisis Care Concordat Action Group

The EK Adult Mental Health Crisis Care Concordat Action Group (EKCCC) brings together a multi-disciplinary group of commissioner, emergency service providers, clinicians and providers from statutory and non-statutory sectors to provide oversight, support and scope to plan and deliver adult mental health crisis care in east Kent supporting the delivery of key national and local priorities.

The EKCCC will provide strategic oversight and proactive task and finish groups to an east Kent approach to adult mental health crisis care. Task and finish groups will be set up as required consisting of identified representatives best placed to support the objectives. Findings, outcomes and benefits will be evaluated and developed to ensure that any redesign provides the best outcomes for service users and carers.

An East Kent Crisis Concordat meeting started in January – this is a sub group of the Kent wide meeting and will be held bi-monthly and attended by various organisations (see membership list) involved in mental health crisis care.

Objectives;

To develop an east Kent multi-agency approach to:

- Access to support before crisis point – making sure people with mental health problems can get help 24 hours a day and that when they ask for help, they are taken seriously.
- Urgent and emergency access to crisis care – making sure that a mental health crisis is treated with the same urgency as a physical health emergency.
- Quality of treatment and care when in crisis – making sure that people are treated with dignity and respect, in a therapeutic environment.
- Recovery and staying well – preventing future crises by making sure people are referred to appropriate services.

Membership

- CCG Mental Health Commissioning Leads
- KMPT
- Kent Police
- South East Coast Ambulance Service
- Kent Fire Brigade
- Public Health
- Substance Misuse services
- Margate task force
- Representation from provider services including third sector
- Service user / Carer representation – response has been high and the plan is to have four representatives and they will be instrumental in developing how feedback to the wider community is achieved.

KMPT Vacancy Rates as at 20 April 2017 (information supplied by Paula Campbell, Service Manager, Service Manager, Ashford, Canterbury & Thanet OPMH Community Services; at Ashford LOM meeting on 20 April).

Band 6 CPN recruited – to start in May.

KMPT Service Development Improvement Plan (SDIP) 17/18

The KMPT contract for 2017/18 includes the New Constitutional Standard; to deliver appropriate intervention treatment in psychosis within 2 weeks.

The SDIP has been developed and shows that KMPT are currently on track to deliver.

Currently all KPI's (Key Performance Indicators) are being achieved (89.9% of referrals are actioned within 28 days).

GP Practices have all been reminded of their Mental Health Link workers contact details. The MH link workers are invited to the Practices Multi-disciplinary Team meetings.

Children and Young Persons Mental Health Service

A new Kent Children and Young People's Mental Health Service is currently being procured with the new service being in place from autumn 2017.

The new service will draw together all the current services from KCC and the NHS and looks at a whole system approach to emotional wellbeing and mental health and includes:

- A single point of access
- Clear seamless pathways to support ranging from Universal 'Early Help' through to Highly Specialist care
- Better transitions between services

The service will begin for ages 0 – 18 and will expand over the course of the contract to cover the 0 – 25 age group.

We are now in purdah (*the pre-election period in the United Kingdom, specifically the time between an announced election and the final election results*) due to the general election being called therefore unable to announce who the successful bidder is. The announcement will be made in early June

Early Intervention in Psychosis (EIP)

A business case to move to full NICE compliance has been received and agreed with CCGs. The mobilisation plan to support the business case will follow shortly. The plan includes the recruitment of a dedicated EIP Consultant.

Personality Disorder

KMPT have submitted a revised PD pathway and this will be taken to SIG (Service Improvement Group) for discussion. Additionally work is underway to develop primary care peer led groups to support service redesign.

Eating Disorder Service – (EDS)

The procurement process of a new all age eating disorder service is now underway with the contract being evaluated and awarded by March and the new service beginning in the Autumn of 2017. The new eating disorder service will include:

- Early identification of eating disorders and earlier access to specialist services
- No gap between children's and adult services
- No waiting lists
- Care available closer to home
- More support for families/carers

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Adult Autistic Spectrum Conditions and Adult ADHD

KCC have established an all age neurodevelopmental pathway project which will be working closely with our team in health. The aim of this project is to map out and describe all services for children and adults with ASD and/or ADHD and identify gaps and issues in current services and make recommendations / plans for future provision. Service user focus groups and public consultations will be part of this work and opportunities to get involved will be given in due course.

Rehabilitation Service

Meetings about the redesign of rehabilitation services in east Kent have now begun. We have service user and carer representation at the meeting. Feed-back developments will be shared when available.

NHS England Public Consultation on Tier 4 CAMHS Services

NHS England has launched a public consultation on the five service specifications for CAMHS Tier 4 provision as part of their service review programme. NHS England are asking for views on the following service specifications:

- Child and Adolescent Medium Secure
- Child and Adolescent Low Secure
- Child and Adolescent Forensic Outreach
- Child and Adolescent Psychiatric Intensive Care Units (PICU)
- CAMHS T4 General Adolescent

The new specifications once finalised will play an important part in work to reconfigure services to ensure improvements in local overall pathway integration, improvements in local access and reductions in travel times and out of area placements.

To find out more and to have your say go to: <https://www.engage.england.nhs.uk/consultation/camhs/>.

Release the Pressure – Suicide Prevention Campaign and Suicide Prevention Training

Kent County Council is again promoting the ‘release the pressure’ campaign. The campaign is predominantly aimed at men and promotes the free mental health matters helpline. During the first year the number of male callers has grown by 76 per cent during the campaign, to a monthly average of 548. The number of women calling the helpline was 12,668 over the past year, an increase of 23 per cent.

KCC and KMPT have been awarded funding from Health Education England to deliver suicide prevention training- KCC will be focusing on organisations and voluntary sector groups and KMPT will be providing training to health professionals. The organisations will work together to ensure that their training programmes are complementary. For more information go to <https://kccmediahub.net/boost-kents-release-pressure-campaign745>

New east Kent Substance Misuse Provider

The contract for the East Kent Community Drug and Alcohol Service has been awarded to a new service provider. From 1 May 2017, it will be provided by a partnership of three organisations: RAPt, Nacro and Rethink Mental Illness. The postal addresses, fax and telephone numbers for the services will remain the same as they have always been, including the 24 hour emergency line (0300 123 1186). The email address for general enquires and NOT referrals will change to eastkent@rapt.org.uk. From 1st May there will be a new website www.eastkentdrugandalcohol.org.uk

Frazzled Café to launch in Canterbury

Ruby Wax and M & S are starting a new wellbeing café called the ‘frazzled’ café following successful pilots in London and Brighton. The wellbeing café will run once a fortnight in the evening and the first wave of ‘frazzled’ cafes will include Canterbury, with more being opened later in the year. Read more about the project www.frazzledcafe.org

Local Engagement

The CCG attend the bi-monthly MH Action Group meetings to feed back any concerns to the MH LOM meetings.

The CCG continue to meet regularly with the local MHAG Co Chairs, who will be invited to attend the monthly local performance meetings with KMPT in 2017. Moving forward it is planned to replicate this approach with CAMHS service provider, Sussex Partnership Foundation Trust. It is hoped that this will give the transparency and confidence that the CCG is working with the providers to improve the current mental health service provision.