

<b>Report to:</b>	Canterbury Mental Health Action Group
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<b>Author:</b>	Carol Boorman, Project Support, Ashford CCG and Canterbury & Coastal CCG
<b>Status:</b>	For information – Report written on 30 October 2018

### **Mental Health Pathways**

The East Kent Mental Health Team is involved in a multi-agency piece of work to map out mental health pathways across local and secondary care. This work will include eligibility criteria and clear pathways for services in adult mental health services in east Kent.

### **Local Care – working to embed mental health services in models of local care**

Work is now underway to further develop and enhance the primary care mental health service across the whole of East Kent and expanding access to mental health professionals in local care hubs. The two workshops recently held in East Kent have had the reports and views of the participants collated and the outcomes circulated. Work is currently being done to incorporate the points raised into developing the service. There are three service user/carer representatives on the Steering group for this piece of work.

### **Out of Area Placements and East Kent Bed Use**

There are no out of area placements for acute patients as at end of October 2018, which has been the case since November 2016 and PICU (Psychiatric Intensive Care Unit) beds out of area placements are kept to a bare minimum and of short duration.

KMPT hold fortnightly teleconference bed management calls on Friday's with the EK MH Commissioners.

### **NHS Talking Therapies (IAPT) – Have Your Say**

The Kent Mental Health Commissioners are reviewing the NHS Talking Therapy service (known as IAPT). This review will look at what is working well and not so well and how we can develop services for the future. We would like to hear from you if:

- You have used the IAPT service
- Have tried to access the service but where unsuccessful
- If you care for someone who has used the service
- or it might be that you just have a views on the NHS Talking Therapy (IAPT) services

You can access the survey here: <https://www.surveymonkey.co.uk/r/KentNHSTalkingTherapySurvey>

This survey is running until midnight 30 November 2018.

### **Suicide Prevention**

The Kent and Medway Suicide Prevention Steering group led by Kent County Council Public Health Department are currently in the process of procuring a range of suicide prevention training and an App. They will also be launching an innovation fund that smaller local projects can apply to on World Suicide Prevention Day (September 10).

East Kent Mental Health Team is in involved in the Innovation Fund Panel looking at the applications for suicide prevention funding. Successful applicants will hear shortly.