

<b>Canterbury and Coastal MHAG Summary Report November 2018</b>	
<b>Report by</b>	Liz Bailey – Live Well Kent Programme Lead (Shaw Trust)
<b>Areas covered</b>	Lot 3 – Canterbury & Coastal and Ashford
<b>Delivery Network Providers</b>	<p><b>Lot 3</b></p> <ul style="list-style-type: none"> <li>• Centra Care Housing</li> <li>• Canterbury Umbrella</li> <li>• Herne Bay Umbrella</li> <li>• Maidstone and Mid Kent Mind</li> <li>• MCCH</li> <li>• Canterbury Art Studio</li> <li>• Take Off</li> <li>• JR Counselling</li> <li>• Activity Box</li> <li>• Canterbury CAB</li> <li>• Herne Bay CAB</li> <li>• Whitstable CAB</li> <li>• Faversham CAB</li> <li>• Abbey Physics Garden</li> <li>• Shaw-Trust Employment</li> <li>• Carers Support</li> </ul>
<b>Programme Data</b>	
<b>April to July 2018 (Year 3)</b>	<p><b>Total number of referrals to the LWK Service: 931</b>  <b>Total number of sign ups to the LWK service: 531</b>            Canterbury &amp; Coastal CCG: 23%  <b>Lot 3 - Canterbury &amp; Coastal CCG</b>            No with SMI: 48%            No with CMI: 52%</p>
<b>Referral Source Information</b>	<p><b>Key Referral Sources:</b>            37% are self-referrals            12% are Primary and Social Care – GP's, KERs            11% are Delivery Network            12% are Secondary Care – SPOA, CMHTs            28% variety of other Community and Voluntary Organisations</p>
<b>Most prevalent types of activity</b>	<p><b>Activity and Support from the LWK Funded Network</b>            1. Peer Support</p>

<b>(intervention)</b>	<ol style="list-style-type: none"> <li>2. Employment Support</li> <li>3. General MH Support</li> <li>4. Housing Support</li> <li>5. Natural Environment</li> </ol>
<b>New Developments</b>	<p><b>Innovation Grant</b>  The Innovation Grant process was completed in September. The focus was on Carer's support to enable specific services and activities to be funded and grants were awarded to 4 providers. The services in Canterbury and Coastal will be provided by:</p> <p><b>Abbey Physic Gardens</b>  An 8 week project that comprises of activities that embrace the 6 Ways to Wellbeing. The sessions will be activity based for 2 hours followed by a group lunch. This will be designed for Carers but they will have the option to do this jointly with the individual they care for.</p>
<b>Email contact for post meeting feedback if required</b>	<p>Liz Bailey</p> <p><a href="mailto:liz.bailey@shaw-trust.org.uk">liz.bailey@shaw-trust.org.uk</a></p>