

**Canterbury & Coastal MHAG Report
September 2019**

Live Well Kent – Shaw Trust Representative(s) name:	Karen Hegarty Programme Manager Melanie Cowley – Network Development Manager Matthew Jackson – Senior Navigator Emma Andrews – Community Health & Wellbeing Navigator Reid Kennelly – Community Health & Wellbeing Navigator Giovanna Maccariello – Community Health & Wellbeing Navigator
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Delivery Network Providers in this area	<p>Tier 2 Shaw Trust (Employment), Centra (Housing)</p> <p>Tier 3 Abbey Physic Gardens Activity Box Bore Place Citizens Advice Bureau – Money Management Canterbury Art Studio Canterbury Umbrella MCCH - Wellbeing Service Herne Bay Umbrella J R Counselling Maidstone & Mid Kent Mind Take Off</p>
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Local Data from MPS – Covers the Canterbury & Coastal CCG Area

Referrals for this area	<p>Total number: 1st April 2019 to 31st August 2019 246 referrals to LWK and 148 people signed up to the service</p> <p>General Age Profile: 17-25 – 19%; 26-45 – 39%; 46-55 – 17%; 55+ - 25%</p> <p>Gender breakdown: 45% male; 53% female; 2% Other</p> <p>No with Serious Mental Illness: 57% No with Common Mental Illness: 43%</p> <p>Sources of referral:</p> <ol style="list-style-type: none"> 1. Self 2. Secondary Care MH Services 3. Other 4. Delivery Network 5. Social Care Teams
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Most prevalent types of	Top 5: Employment
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activity (intervention)	Housing Peer Support Courses Art Therapy Sports, Leisure & Physical Health Support - NHS Health Trainers/ One You
Impact on Wellbeing	No of people showing an improvement from the SWEMWB scores – 212
New Developments	Our Programme Lead has resigned and left the business. We are in the process of re-advertising this post. We have increased our usage of volunteers and this is having a positive impact as it has resulted in additional sessions being available to clients and also dedicated 1:1 support.
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