

Dartford, Gravesham & Swanley Mental Health Action Group

Funded by



Meeting on Tuesday 10th July 2018, 2pm - 3.30pm
The Riverside Centre, Dickens Road, Gravesend, DA12 2JY

Name	Organisation and Role
Alan Heyes - Chair	County MHAG Chair, Mental Health Matters
David Garrick - Minutes	West Kent Mind, MHAG Co-ordinator
Caroline Potter-Edwards	DGS CCG, Commissioning Manager
Kerry Freelove	Gravesend Job Centre, Employer Advisor
Diane Basson	Gravesend Job Centre, Disability Employment Advisor
Raj Jhamat	Rethink Mental Illness, Support Worker
Kevin Halpin	KMPT/KCC
Alex Young	Porchlight LWK, Community Link Project Manager
Benjamin Green	North Kent Mind
Angela Powis	Porchlight

Apologies	Organisation
Aileen Stalker	North Kent Mind
Kashmir Powar	Dartford Borough Council
Richard Jeffries	One You Kent

1. Welcome, Introductions, Apologies & GDPR Update

The Chair welcomed the group, apologies were noted and a GDPR update was read out.

2. Minutes from last meeting – approved without amendment

3. Action Points

a) From local MHAG:

Nov.17-8: *Teresa to co-ordinate a task & finish group meeting in Gravesend in January. Follow up.* This related to investigating gaps in social care provision.

The chair advised that current housing issues might best be taken forward by a task & finish group that joins up local MHAGs, perhaps using teleconferencing. **For County MHAG:** Suggest a County-wide approach to taking forward the issues of housing/homelessness.

Jan.18-1: *Alan to feed back housing issues to County MHAG. Completed.*

Jan.18-2: *Kashmir to investigate how to find out about grants, what they are for, and criteria for applying. Completed.* Applications for the Council's Community Grant Scheme opens again in October. Please see:

<https://www.dartford.gov.uk/by-category/advice-and-benefits2/grants/dartford-community-grants>

Jan.18-4: *Teresa to gather case studies/evidence of refugee housing issues. Closed.* To be included in the County-wide approach

Jan.18-5: *Kashmir to send One You advisor information to Tanya. Closed.* One You advisor was at last MHAG.

Jan.18-7: *Teresa to start getting themes and case studies together to share with the group. Closed.* This relates to housing, which is being taken forward.

May.18-1: *Clarify signposting statistic of 30% with Jenny.*

May.18-2: *David to forward commissioning structure question to the STP. Awaiting response.*

Action 1: David to ask for an update from the STP's MH Workstream.

May.18-3: *David to follow up decision tree sharing with Caroline. Completed.* Caroline provided the following update: "The Decision Tree is still in draft form and remains a work in progress."

There is a meeting between Healthwatch Kent and all CCG Commissioners on 19 July regarding KMPT and IAPT services, one of the items will be the draft Decision Tree and a further detailed document that East Kent have pulled together to try and outline the roles and responsibilities of IAPT, KMPT, Live Well Kent etc. I believe after 19 July there will then be a meeting between providers and commissioners that potentially HWK will Chair, although this is yet to be confirmed.” Caroline advised that she will keep the group updated.

May.18-4: *Circulate the One You Advisor presentation. Completed.*

May.18-5: *Anton to provide a few case-studies/examples for Caroline. Closed.* This related to the availability of older people’s MH services in Swanley. ADSS, Mind and the Resource Hub were discussed. Caroline advised by email that there is not a specific dementia hub in Swanley and ADSS are the only specialist provider across DGS. But they do run dementia cafes and peer support groups across the Swanley area and people can tap into all the resources at the Safeharbour Dementia Hub in Northfleet.

Action 2: David to ask KCC if they have plans for ‘Men in Sheds in Swanley.

May.18-6: *David to place housing on the agenda for the next DGS MHAG. Completed.*

May.18-7: *Lauren/Teresa to share dates of the LWK Steering Groups. Carry forward.*

May.18-8: *David to invite committee chair of Phoenix place, Dartford, to an MHAG. Carry forward.* Vivien cannot attend the next MHAG.

b) County MHAG response to local question: None

4. Service User & Carer Questions

a) Questions raised at today’s pre-meeting: None

There was discussion about difficulties in Service Users/ Carers attending this MHAG. Kerry/Diane can look at their caseloads. It was mentioned if this is the right place for this feedback e.g. are MHAGs more about representation (attendees representing Service Users/Carers)?

b) Questions going forward to County MHAG:

Can the County MHAG help to implement County-wide Task & Finish groups, which join up local MHAGs e.g. using teleconferencing, to improve issues related to housing/homelessness?

5. Mental Health and Housing

There was discussion about the following topics:

- Supporting letters from MH providers – now makes less of a positive difference.
- Private landlords not accepting those on housing benefit. But Universal Credit started in Gravesend in May – might improve this. Review this in a few months.
- Need data – **Action 3: Share data from KCC about housing and send to other MHAGs.**
- At County MHAG, it was raised that Councils have started their own letting agencies, to encourage landlords to engage with tenants on low incomes/on benefits.

Action 4: Ask Kashmir if the Council are planning to start letting agencies in the area.

Action 5: Ask Ashford Council about their lettings agency model.

As mentioned, a County-wide task & finish group will look at housing/homelessness.

7. Information Sharing:

1. Engaging Kent workshop update:

Thank-you to all who attended the workshop on the 18th June in Lenham. We had a fantastic day with representatives from many service user groups, service users themselves, carers, KCC, CCG, KMPT, housing, voluntary services, mental health charities and more. We will be spending the next few weeks getting round the county to visit as many service user groups as possible to make sure that their voices are heard, especially those that were unable to attend the event. We will then be producing a report to help us together to take the next steps in shaping future services.

Email Eve with any feedback or questions: eve@engagingkent.co.uk

2. **County Update:** Please refer to the County draft minutes for full details of discussion, located at www.westkentmind.org.uk/mental-health-action-groups
3. **Commissioners Reports:** All reports have been circulated and are located at www.westkentmind.org.uk/mental-health-action-groups

Live Well Kent (LWK) Porchlight: Alex gave an update from Porchlight's Community Link service. When asked about current issues, Angela discussed issues dealing with DWP (but not Job Centres). Universal Credit will improve this – none of the switching between different benefits. Advice was given about the technicalities of claims (e.g. simple details that can stop payouts.) Individuals can go to work coaches in Job Centres for support with these matters.

Swale & DGS CCG: Caroline highlighted 3 main updates about Children and Young People's MH services in Kent from the last 2 months (see page 7 of CCG report):

- Local Transformation Plan – has increased the capacity of Primary Care MH Specialists to see people aged 16-18. This service is run by Porchlight and Invicta Healthcare.
- The Good Mental Health Matters resource is an online school portal. They are asking for all schools in Kent to sign up: www.goodmentalhealthmatters.com
- The Be You Project offers support to LGBT+ young people in Kent: www.thebeyouproject.co.uk

4. **Provider Service Update/New Members:**

KMPT/KCC, Kevin: The 1/10/18 is the intended date of the transformation between KCC/KMPT. It is hoped that this will result in a more fully integrated social work team.

DWP, Gravesend Job Centre, Kerry and Diane:

- Held a 'Yes I Can' event, with the aim of breaking down barriers for clients with disabilities. Employers talked about their existing staff with disabilities and adaptations made. Helped clients to think about alternative career paths. Encourages employers and customers to share e.g. customers informing employers about different disabilities and about what they can do to help their staff. Positive feedback was received from both sides. Some employers offered customers employment and shared their own disabilities. Can circulate info about future events through MHAGs.
- Over 70% of customers with a physical disability also develop MH problems over time.
- Defrazzled cafés were discussed – lots of MH wellbeing services providers in one place. Customers can look through leaflets. In Sittingbourne, customers went there who would not go to the Job Centre. LWK received referrals from there.

Action 5: Put on agenda for next MHAG in Gravesend: How to overcome barriers for the Defrazzled Café.

8. Task & Finish Group Update

See 'questions going forward to County MHAG'.

9. Vacant Co-Chair Position and meeting locations going forward

If anyone is interested in co-chairing this meeting, please contact David at mhag@westkentmind.org.uk

8. Date of next meeting

The next meeting will take place on **Tuesday 18th September 2018** at **Dartford Civic Centre, Home Gardens, Dartford, DA1 1DR**

Action Table

No.	Action Point	Responsibility	Status
Nov.17-8	Co-ordinate a Task & Finish Group meeting, mid January in Gravesend.	Teresa	Carried forward – relates to gaps in social care provision.
May.18-2	Forward commissioning structure question to the STP.	David	Awaiting response
May.18-7	Share dates of the LWK Steering Groups.	Lauren/Teresa	Carried forward
May.18-8	Invite Phoenix Place committee chair to an MHAG	Vivien/David	Carried forward
June.18-1	Ask for an update from the STP's MH Workstream.	David	
June.18-2	Ask KCC if they have plans for 'Men in Sheds in Swanley.	David	
June.18-3	Share data from KCC about housing and send to other MHAGs.	David	
June.18-4	Ask Kashmir if the DBC are planning to start letting agencies in the area.	David/Kashmir	
June.18-5	Ask Ashford Council about their lettings agency model.	David	
June.18-6	Put on agenda for next MHAG in Gravesend: How to overcome barriers for the Defrazzled Café.	David	

Administration :

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Minutes and supporting documents are posted on:

<https://westkentmind.org.uk/mental-health-action-groups>