

Dartford, Gravesham & Swanley Mental Health Action Group

Funded by



Meeting on Tuesday 20th November 2018, 2pm - 3.30pm
The Riverside Centre, Dickens Road, Gravesend, DA12 2JY

Name	Organisation and Role
David Garrick	West Kent Mind
Teresa Snowden	Porchlight, Development & Monitoring Officer
Alex Young	Porchlight, Community Link Officer
Joanna Tibby	DGS KERS
Caroline Potter-Edwards	DGS CCG, Commissioner
Kerry Freelove	Gravesend JCP, Employer Advisor
Benjamin Green	North Kent Mind, Aspirations Coordinator
Eve de Gray Birch	Engaging Kent, Co-Production Facilitator
Penni Norris	Carers First, Senior Locality Manager
Debbie Bottle	MEGAN CIC Facilitator
Anon	Service User

Apologies	Organisation
Alan Heyes	County MHAG/ DGS MHAG Chair, Mental Health Matters
Emma Jarnell	DGS MHAG Chair, North Kent Mind
Natalie Clewlow	Insight Healthcare
Jenny Solomon	Insight Healthcare
Nicola Conroy	Sanctuary Supported Living
Angela Powis	Porchlight
Gareth Locke	KCC

1. Welcome, Introductions, Apologies & GDPR Update

The Chair welcomed the group and apologies were noted.

2. Minutes from last meeting – approved without amendment

3. Action Points

a) From local MHAG:

May.18-8: *David to invite Phoenix Place committee chair to an MHAG.* Will invite to housing meeting, being organised by County MHAG. **Closed**

June.18-3: *Share data from KCC about housing and send to other MHAGs.* **Carry forward**

Sep.18-1: *Circulate information about Swanley Men's Shed and pass on any interest about starting a new one.* **Completed.**

Housing/homelessness was discussed by the group, including:

- Retender of homelessness services: Porchlight and Lookahead have won areas.
- Homelessness getting worse e.g. in Rochester and Chatham.
- The Severe Weather Emergency Protocol (SWEP).

Action 1: Alex to send over the protocol for the Gravesend Winter shelter, for circulation.

- Supported housing.

b) **County MHAG response to local question:** None taken forward

6. Service User & Carer Questions

a) **Questions raised at today's pre-meeting:**

Respite from noise/antisocial behaviour at home, if affecting MH, was discussed by the group. Group unsure if this exists locally. There is the House of Mercy in Gravesend. Carers Support can provide support/ respite/ breaks for anyone who identifies themselves as a carer, as well as access to community support, groups with speakers, the better care fund, etc.

Action 2: Teresa to send over details of respite in the area e.g. former Monastery in West Malling

b) **Questions going forward to County MHAG:** None taken forward

Gaps in Social Care Provision

- Gap between primary and secondary care – those who are low risk but with high support needs.
- From October, MH Social workers have been line managed by KCC, not KMPT.
 - Gareth Locke is the MH Social Work Service Manager for DGS & Swale.
 - Marie Gallagher (MH Social Work Service Manager for Canterbury) will put together an update for the MHAGs.
 - Elaine Gorrie is the Carer's Lead.
- Swale council have started MARAC (Multi Agency Risk Assessment Conference) meetings for those at high risk of domestic abuse.
- Affordable housing needed in safe areas.

7. Information Sharing:

1. **Engaging Kent Update:**

Eve explained that the Co-production process started in April and that she and Sue had been visiting and working with local service user and carer groups. Eve thanked everyone for their feedback so far and explained that the proposed model had been circulated via the mhag network and more feedback received. The feedback has been incorporated into the thinking about the model and shared with the Co-production group.

The Co-production group have started work on what the role will entail from April 2019 including how much time should be spent on networking, outreach and peer support/forum work and will next be working on focusing on the specification. Once agreed the draft specification will go to commissioners for comment. Training and support is to be designed and implemented for those delivering the model with the new specification being delivered from April 2019. Hope to tell providers what the spec will look like by the end of the year. Hope to have virtual links across the County.

Group suggested that Eve gathers feedback from a 'be you project' (LGBTQ) meeting. Penni to go to a Porchlight team meeting.

2. **County Update:** Please refer to the County draft minutes for full details of discussion, located at www.westkentmind.org.uk/mhag-county

Included future changes to psychological therapies in KMPT and an expanded primary care MH service in East Kent.

3. **Commissioners Reports:** All reports have been circulated and are located at www.westkentmind.org.uk/mhag-dartford-gravesham-and-swanley

a) **Live Well Kent (LWK) Porchlight:** Teresa went through the circulated update.

- Innovation funding was awarded to 3 projects in DGS: NK Mind's Let's Be Mindful Project (Mindfulness based CBT), NK Mind's Highlight project (audio and visual podcasts to raise awareness of LWK) and Carers First training courses for young adult male carers.
- Community garden in Northfleet had an open day on 22nd September.

b) Swale & DGS CCG: Caroline

Caroline gave details about the Be You Project, the Mind and Body Project and the Good MH Awareness Campaign.

MH services that provide hands-on activities were discussed e.g. Kent Sheds, the Gr@nd and Repair Cafes.

4. Provider Service Update/New Members:

North Kent Mind, Benjamin: NK Mind are currently hiring for a support worker – contact Emma Jarnell for further information.

8. Task & Finish Group Update

9. Date of next meeting

The next meeting will take place on **Tuesday 22nd January 2019** at **Dartford Civic Centre, Home Gardens, Dartford, Kent DA1 1DR**

Action Table

No.	Action Point	Responsibility
June.18-3	Share data from KCC about housing and send to other MHAGs.	David
Nov.18-1	Send over the protocol for the Gravesend Winter shelter, for circulation.	Alex
Nov.18-2	Send over details of respite in the area e.g. Monastery in West Malling (Pilsdon?)	Teresa

Administration :

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Minutes and supporting documents are posted on:

<https://westkentmind.org.uk/mental-health-action-groups>