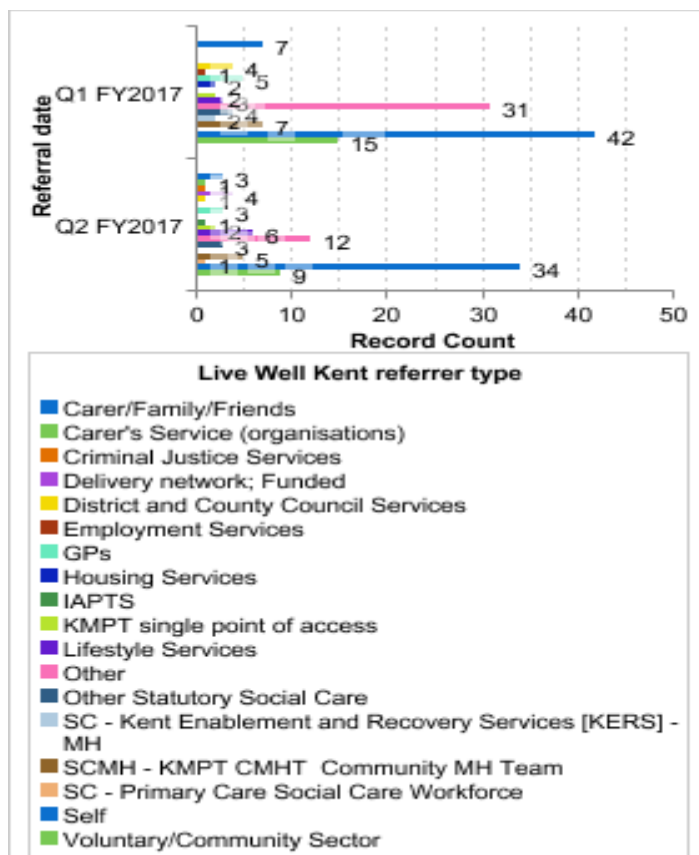


Live Well Kent
Porchlight Report DGS MHAG
Report at 24th August 2017
Quarters 1 & 2 (to date)

Facts and Figures:

281 referrals were received in DGS.
234 were signed up to the service
194 were new people

Referral sources breakdown:



For DGS to date, 99% of people have been contacted within 2 day target and received a service on average of 5 days

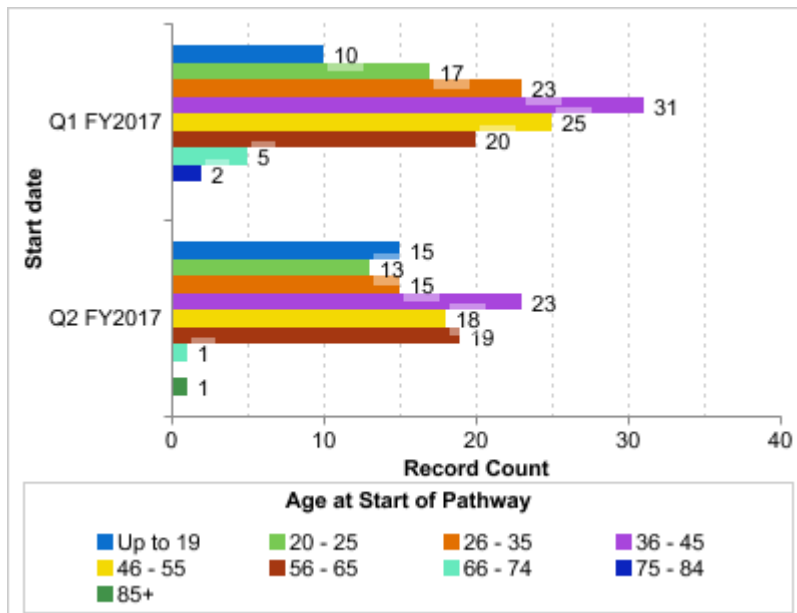
56% of people using services were from the two highest quintiles of deprivation in Q1

64% of people using services were from the two highest quintiles of deprivation in Q2.

CMI/SMI/Prevention

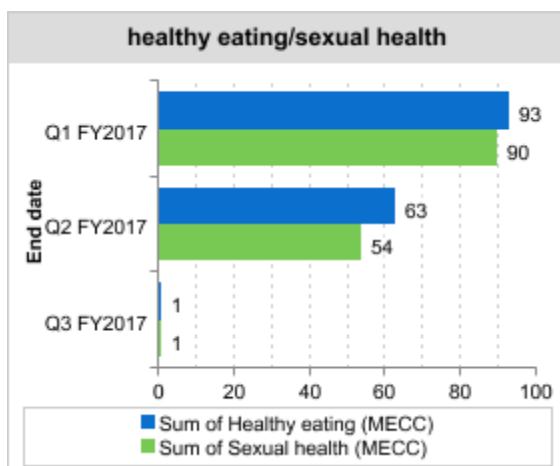
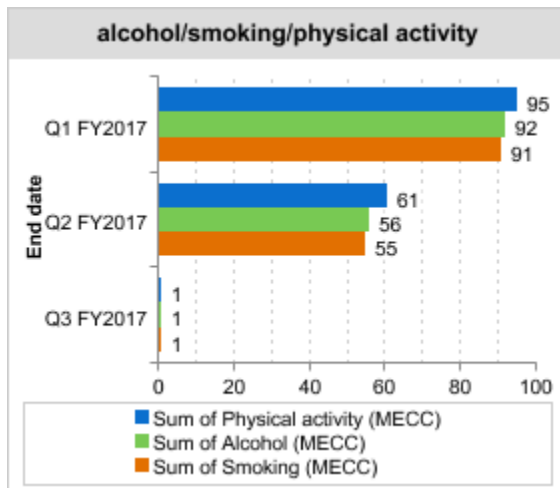
- CM1 – 138
- SMI – 77
- Prevention – 19

The following age break down is for those using a service, with their age at the time of referral:



Gender of people using Live Well Kent Services in DGS is 63% female and 37% male.

Number of Making Every Contact Count conversations



Key Successes

- New service specifications have been agreed and signed for all delivery partners
- LWK Steering group was well attended by providers and service users – key action points, to look at feedback on term service user. Look at developing peer support and sharing good practice and peer support models
- Quarter 2 has shown good success of outcomes so far. Employment achievements for DGS are at 4 SMI 16+ hours at 16 weeks sustained and 19 CMI 16+ hours at 16 weeks. 4 people with SMI have sustained employment for 6 months or more
- Innovation projects in quarter 1 have shown positive improvement in wellbeing for people. We have completed the data in Q2 for the projects and have been able to provide this for external funding for some projects
- Peer support awards and celebrations are being planned for next year

Developments for Quarter

- Safeguarding audits have been booked with delivery partners for Q3
- Wellbeing Network is now active and being developed over Q3
- Payment by results to start 1st October
- County and local events being planned for World mental health day on 10th October
- Delivery partners to be signed up to Tim To Change Employers pledge by end of Q3

Quotes from service users

Quotes from service users include:

“ It gives their issues a voice that they have never been able to express before in a word” (Limelight project performer)

“A-rated it”; “Excellent trainer”; “A good motivator”; “I achieved my goal” (CWL course)

“ Very supportive....felt confident in (facilitators) abilities to deliver an effective outcome. I didn't feel pressured at all ..”; “It encouraged me to do further research for myself” (Mindfulness course)

“If I did not attend (Open Session) I would not be doing anything – just thinking of the worst”; “I enjoy meeting with friends and staff”; “I have been a member of Mind (Open Sessions) and it has been an important part of my life. I do miss the Saturday drop-in and Wednesday evening activities” (Open /Activity Session attendees)

Rehink Sahayak

Feedback from the representative (Sangam group) for the Live Well Kent Steering group meeting;

“ It was good to know what services and individual groups are doing...the lead took an interest in the service users that attended the meeting and asked about our knitting ...we may bring our knitting or the cards we have been doing in art therapy” at the next steering group meeting.

Fairfield Leisure – Innovation Fund

“it has made me feel better and lifted my mood. I have a lot going on in my life and coming here is my me time. Thank you so much for funding this project for us”

“Life changing, I have never been in a gym before. I am so much happier and have made good friends. When I first came I could only manage 2 minutes on the cross trainer and now I can do 20 minutes. I can see an improvement in my physical health and my mental health”

“it has made me more active when I am at home and go for lots of walks, it helps me de-stress”