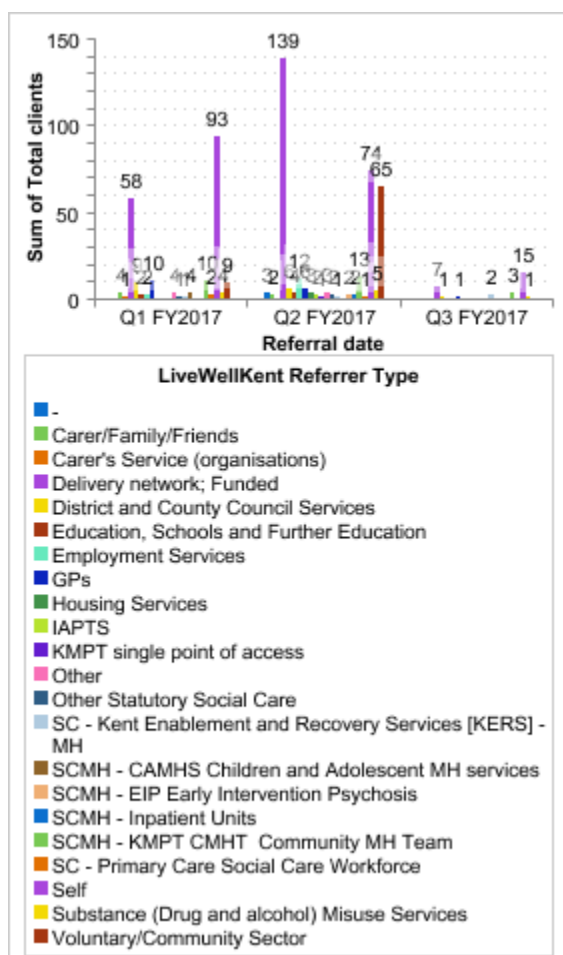


**Live Well Kent
Porchlight Report DGS MHAG
Report at 23rd October 2017
April 17 - to date**

Facts and Figures:

377 referrals were received in DGS.
313 were signed up to the service

Referral sources breakdown:



For DGS to date, 99% of people have been contacted within 2 day target and received a service on average of 5 days

64% of referrals were from the 2 highest areas of deprivation

CMI/SMI/Prevention

- CM1 – 138
- SMI – 77
- Prevention – 19

The following age break down is for those using a service, with their age at the time of referral:

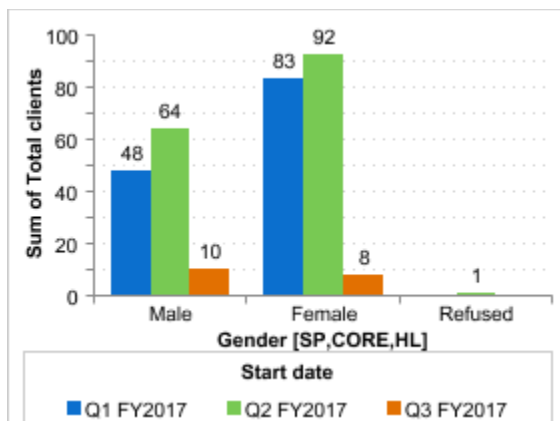
Under 25 – 16%

26-45 - 43%

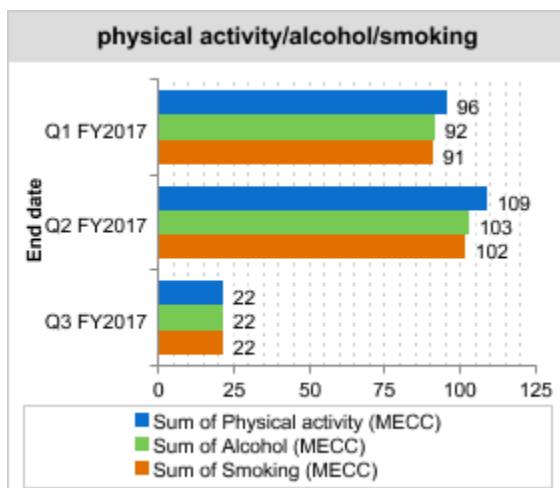
46-64 – 36%

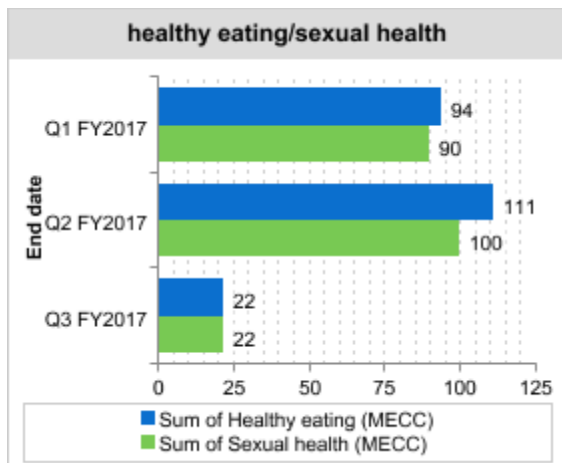
65+ - 3%

Gender of people using Live Well Kent Services in DGS



Number of Making Every Contact Count conversations





Key Successes

- **Quick support with housing** issues and tenancy sustainment - 31% of people signed up to LWK have unsettled housing, including 52 hours pro bono legal work from a strong working partnership with our Housing Specialists legal team Hodge Jones Allen
- **Increase of peer support and peer workers** especially for those that need longer term support
- **Good partnership working increasing** across the network that offers a range of support to meet individual need. Steering groups are effective and inspiring.
- **MECC outcomes** continue to show improvement
- **Employment figures are vastly improved** 19 people with SMI in DGS and Swale have achieved full time employment sustained at 13 weeks compared to 6 at end quarter 2 in 2016.
- **Porchlight LWK team input to KCC World Mental Health Day** Sarah Bieniasz in particular has contributed hugely to the arranging of the WMHD event, working closely with Sue Scamell.
- **Rethink Sahayak** – Sangram group involved in a local project in connection with BME the ‘Silk River Project’ Volunteers for Rethink Sahayak have been awarded volunteer certificates
- **North Kent Mind** – working in partnership with Kent Countryside Partnership the Natural ways to wellbeing project has attracted additional funding. Following service user feedback the Saturday peer led group has restarted. NKM have taken over Depression Alliance which is also a peer led group
- **Springboard** – successfully migrated clients from previous provider. Expansion of employment service offering 5 days a week and an additional service in Gravesend developed. Preparing to work courses started in September. Positive referrals from CMHT.

Developments for Quarter

- Prevent Training is being organised in November by Porchlight Live Well Kent and is mandatory for all delivery partner staff who have not yet received this training
- We will be producing an ezine in the next quarter, using it to share all the latest news with the Live Well Kent community and our stakeholders.
- Continue to promote and develop the Peer support work carried out by Swale Your Way

- As part of our ongoing quality and monitoring processes safeguarding audits will be carried out with our delivery partners. These are all booked between October & December
- We have been encouraging our delivery partners to pledge to Time to Change

Quotes from service users

DGS SU reported – “I just wanted to say what a delight it was to meet with and work with Laura, she is so friendly and helpful and she has helped me to access new things in the community, she is an asset to your company”

Swale “I am very impressed by the service. The Community Inclusion Coordinator was very helpful and understanding. I would highly recommend the service”.

Swale “I would like to thank Porchlight for giving me the confidence and help I needed to get out of my house to go back to the groups to see all the friends I had missed. I have been accepted for Peer Support Volunteer which I am so proud to be helping give back to others”.

North Kent Mind - **Mindfulness course:** “Now I understand Mindfulness, I will use daily in my life”; “I have a lot of tools I can use”; “Friendly, non-judgemental, positive atmosphere”; “I found the group helpful as it was with people in similar situations to mine and no-one judged me”; “It has made me want to get out more and meet people”; “Positive approach, covers all aspects in a holistic way”.

Coping With Life Courses: “I now use more coping strategies, which is vital to my recovery”; “My ability to help myself greatly improved”; “Excellent, the information is so helpful”; Excellent (facilitators) very caring, feel they really wanted to help us get better – very aware of us as people”; “I am now trying new things, the courses are giving me more confidence in myself and better self-belief”.

Open Sessions: “We had a great morning”; “Everyone is so kind in this group”;

Music Activity Session: “Brilliant! I liked it so much the hour flew by. More singing and longer session!”; “Feel relaxed, great teacher, enjoyed getting involved”; Fantastic Music Taster, everyone joined in, its the most I’ve seen the group take part, all laughing and enjoying ourselves. More please!”

Rethink Sahayak - “The most I liked about the rethink Sahayak services was that the staffs were understanding...of my situation”.