

Dover, Deal & Shepway Mental Health Action Group

Meeting on Tuesday 21st March, 2017, 11pm - 12.30pm
 Dover Town Council, Maison Dieu House, Biggin Street, CT16 1DW

Name	Organisation & Job Title
David Rowden	MHAG Co-chair/SpeakUp CIC
Marie McEwen	MHAG Minutes/West Kent Mind
Tracey King	Sanctuary Supported Housing
Sue Williams	DWP Disability Employment Advisor
Margaret Ford	DWP Disability Employment Advisor
Hannah Clayson	Insight Healthcare Psychological Wellbeing Practitioner
Tanya Clark	Community Safety Unit
Michelle Godfrey	Folkestone Mind
Liz Frost	Carers Support Canterbury, Dover & Thanet
Lindsay Kennett	Carers Support Ashford Shepway & Swale
Vicky Selman	Community Mental Health Team Social Care Team Leader
John Childs	SpeakUP CIC Project Worker

APOLOGIES	ORGANISATION
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Dawn Hyde	Carer
Jo Miller	Sanctuary Supported Living
Jayne Faulkner	DWP
Sarah Buller	DWP
Julia Hargreaves	Porchlight
Jeanette Dean-Kimili	South Kent Coast CCG
Marie Gallagher	KMPT Community Mental Health Team

1. Welcome, Introductions & Apologies

The Chair welcomed the group and apologies were noted as above.

2. Minutes from last meeting - Approved

3. Action Points

(a) from last meeting:

Action No.	Action Point	Responsibility	Status
	Outstanding from November Meeting: Feedback need for dialogue between Personality Disorder Service IAPT and carers.	Sarah Baker	Vicky Selman advised this should be negotiated between the therapist, client and carer for the best outcome.
1	Find out date of next safeguarding meeting and ensure new care co-ordinator is allocated in time for the meeting.	Marie Gallagher	Completed

Raised at the County MHAG: none

4. Service User & Carer Questions

- a) Questions raised at today's pre-meeting: None
- b) Raise at County MHAG: No item identified.

5. Review draft MHAG Terms of Reference (TORs)

- 1. Introduction: agreed
- 2. Purpose: agreed
- 3. Membership: agreed. Suggested that local providers who have not attended for a while or maybe unaware of the MHAGs should be identified and invited such as CAMHs, Older people services, MCCH and Take Off.
- 4. Values: agreed
- 5.
 - 5.1 Roles and Responsibilities: Add carers
 - 5.2 Chair/co-chair: agreed.
 - 5.3 Admin: Not happy with statement "promote a positive image" would prefer honest truthful or transparent.
 - 5.3.1. Agreed
 - 5.3.2 Agreed
 - 5.3.3. Agreed
 - 5.3.4 Agreed
 - 5.3.5 Agreed
 - 5.3.6 Agreed
 - 5.3.7 Agreed
 - 5.3.8 Not sure what is meant by learning?
 - 5.3.9 Agreed
 - 5.3.10 Agreed
- 6. Task & Finish: agreed
- 7. Reporting process: agreed
- 8. Review TORs: Too soon to review in November 2017 suggest they are reviewed in March 2018 with refreshed TORs being circulated for beginning of new financial year April 2018
- 9. Names of Organisations committed to attending: agreed that all of the people committing to attend are noted for all MHAGs so that there is one set of TORs for the whole group.

The above comments will be taken to the next County MHAG on 19th April where the final draft will be approved.

7. Information Sharing:

- 1. **County Update:** Please refer to the County draft minutes for full details of discussion on the Live It Well website on this link <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>. Highlights included:
 - Open dialogue pilot in Canterbury. Vicky added that she had a direct experience of this through a section 136 referral.
 - Thanet question raised re assignment of care co-ordinators. Vicky commented that some processes were not in place. This is now clarified and the team is working on this.

- Thanet caseloads: Moving people through the system and it is becoming more manageable. Care co-ordinators should have no more than 40 caseloads. Vicky we are doing a lot of work on this.
- Street triage pilot update circulated. Link <http://tinyurl.com/m5ervzq>

2. **Commissioners Reports:** All reports have been circulated and can be found on this link on the Live It Well website: <http://www.liveitwell.org.uk/local-news/south-kent-coast/>

KCC Commissioner Update Sue Scamell: Porchlight now provide reports on behalf of KCC but Sue is always happy to respond to direction queries sent to sue.scamell@kent.gov.uk

Porchlight Live Well Kent Update - Julia Hargreaves: Julia unable to attend today but reports were circulated. The group requested a written update to accompany the graphs provided.

Action 1: Ask Porchlight to provide a written update along with the graphs.

South Kent Coast Clinical Commissioners Report – Jeanette Dean-Kimili: Jeanette unable to attend today but James Ripley attended on her behalf. The following comments were added to the circulated report:

South Kent Coast CCG will be submitting the IAPT/LTC (talking therapy for people with long term conditions) bid by the end of the week for additional capacity to support patients with diabetes and respiratory conditions. Primary Care and Community mental health services all attended a meeting led by the CCG as part of a Service Development Improvement process to look at and agree professional processes to support individuals to transfer from service to service. The Eating Disorders Procurement is currently in progress and a provider should be known by the end of March 2017. An East Kent Crisis Concordat has been set up that has a dedicated work stream linking the Kent Suicide Action Plan to East Kent Services and looking at frequent attendances to A&E.

Group discussed the request for MHAG engagement with Eastern European communities mentioned in the report. The following comments were noted:

- Likely language issues to attending this meeting
- Suggest Dover Community Hub which the Community Safety Unit funded and set up. Samphire Project is now taking that on.
- Who is providing BME (black, minority, ethnic) support at Rethink now that Annabel has left? Can we find out and invite them to this meeting.

Action 2: Marie to find out contact at Rethink who provides BME support

Provider Service Update/New Members:

DWP – Sue Williams: First time attending this meeting. The Disability Employment roles have changed and are more focused on work coaching and helping in the community, more proactive and not just located in the Jobcentre.

DWP - Margaret Ford: There was a meeting at St Martins to discuss if it was worth us being there. We agreed it was very worthwhile as one client had signed up to the work group. We now have community engagement officers who will be contacting local organisations.

IAPT – Hannah Clayson: Business as usual and trying to increase provision. Waiting list 4 week for assessment and 4/6 to starting treatment.

Community Safety Unit: Tanya Clark: Our Community Engagement Team Project Officer asked how we can identify and support people who are discharged from mental health services who we then come into contact with. Once they move on from us there are usually gaps, isolation etc. We linked with SpeakUp CIC and Mencap and one idea is that we have a one stop shop for service providers to attend once a month. This could include housing, DWP, Befriending etc. If there are any other gaps you can think of please let us know as the District Council are looking to fund this and we can incorporate this into the funding bid. It was suggested that carer support should be added to this.

Folkestone Mind – Michelle Godfrey: It has been a challenging year. Last year we ran an 8 week Self Programme to look at self-discovery to understand what is going on for them and how to help. It will be running again this year with some small changes. There will also be one in Dover in the autumn – we are currently sourcing a venue. We are redeveloping our services to offer a package of activities alongside the Self Programme to wrap services around the individual. We are working with Take Off to provide services for younger adults (17-24yrs) in Shepway and linking with the Glassworks Academy. We are waiting to hear from Porchlight on the new service contract.

Carers Support Canterbury, Dover & Thanet – Liz Frost: Please refer anyone in a caring role to us, age and health condition immaterial. We can provide support through groups, coffee mornings, carers assessments etc. and also provide telephone support.

Carers Support Ashford, Shepway & Swale – Lindsay Kennett: Same as above for referrals please. If anyone is sent to the wrong service we would cross refer.

Community Mental Health Team: Vicky Selman: Representing Marie Gallagher. A gap was identified at the County MHAG that although there is support for parents caring for someone under 18 they cannot access a carer's assessment. We would still support the carer for support and guidance but cannot do a carer's assessment. Recruiting is improving and gaps are being filled. We are looking at setting up Team Caseloads to reduce the amount of personal caseloads. This means that if the care coordinator isn't available then another team member could provide support.

SpeakUp CIC – John Childs: We have a new group in Deal every Friday from 1-3pm at Golf Road Community centre. There will also be a free fortnightly course on managing anxiety, stress and depression starting on Friday for 8 weeks. This will be run by a qualified hypnotherapist and will be repeated until the end of June. We have other activity/therapy groups too. If you know anyone interested please let us know. Great venue offering half price café.

We are pleased to have secured national lottery funding to support a group in Sandwich. The group meets every Tuesday at the Phoenix Centre, 9-12.30pm and has been meeting for 25+ years with approximately 20 members. This funding will ensure more activities such as outings/CBT/mindfulness etc.

Staff: Nothing new to report.

8. Working Group – Crisis Café

David confirmed the next meeting will be on 12th April, 12pm, venue to be confirmed. Tanya and Vicky expressed interest in joining the working group. Although Vicky is unable to attend the 12th April meeting she would like to attend future meetings. Date of meeting to be circulated to the group to invite others to attend.

Action 3: Circulate date of Working Group meeting to group mailing list to invite attendance.

10. Date of next meeting

The next meeting will take place on **23rd May, 2017**, 11.am at Dover Town Council, Maison Dieu House, Biggin Street, Dover, CT16 1DW. The pre-meeting for service users and carers is at 10.30am.

David

Action Table

No.	Action	Responsibility	Status
1.	Ask Porchlight to provide a written update along with the graphs	Marie McEwen	Completed and confirmed.
2.	Find out contact at Rethink who provides BME support	Marie McEwen	Emailed Rethink and MCCH but neither provide BME services in this locality.
3.	Circulate date of Working Group meeting to group mailing list to invite attendance.	Marie McEwen	Completed

Minutes posted on: <http://www.liveitwell.org.uk/local-news/south-kent-coast/>

Administration :

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