

East Kent Mental Health Commissioning Team Update May 2018

1. Children and Young Persons Mental Health (0-18)

NELFT (North East London Foundation Trust) are the new provider of children and young persons mental health services have been undertaking a six month review to finalise the structure of their new service. The new service fully launched in April.

2. IAPT (NHS Talking Therapy)

IAPT Talking Therapy services are now available to support people with long term physical health conditions. These services have been introduced to help support people adjust to living with a long term health conditions such as: chronic pain, diabetes, epilepsy, arthritis or COPD. The service is available to anyone +17 who is registered with a GP in East Kent.

3. Suicide Prevention Funding Bid for 2018/19

The Kent and Medway Suicide Prevention Steering Group (lead by Public Health) on behalf of the Kent and Medway STP has applied for funding from Public Health England and NHS England to support suicide prevention for children and adults in Kent and Medway for 2018/19. If the bid is successful it will mean the launch of an extensive programme of work looking a vulnerable groups for 2018/19.

4. Mental Health Community Triage and Street Triage Pilots

A review is happening looking at the county wide community triage work and the two local pilots (one in Medway and one in Thanet). A report is being developed (led by West Kent CCG) on a proposal for the service going forward. This will be discussed at the next East Kent Care Crisis Concordat meeting.

5. Alternative Place of Safety Project

Our outline business case for the alternative place of safety for east Kent is going to CCG clinical boards for approval at the end of May beginning of June.

6. Out of Area Placements and East Kent Bed Use

Monitoring continues on any delayed transfers of care in acute and PICU (Psychiatric Intensive Care Unit beds) beds. The east Kent situation remains as of **November 2016** with no out of area placements for acute patients and PICU out of area placements kept to a bare minimum and of short duration. There are currently no East Kent patients in acute or PICU beds out of area.