

## East Kent Mental Health Commissioning Team Update August 2018

### 1. Local Care – developing the East Kent offer

The local care project is looking at expanding access to mental health professionals in local care hubs. We have held 2 workshops in East Kent to share our ideas and get your views on expanding mental health services in local care. We are currently collating the responses from the workshops which we will be sending out in September. We have three service user / carer representatives on the steering group for this work.

### 2. NHS Talking Therapies (IAPT)

We are starting to look at developing a new service and are running a survey from September to November to get your views on what a new service should look like. We will be running workshops across localities in East Kent in November to engage with people further and we will be looking for representation on our steering groups and to be involved in the procurement process. Opportunities to get involved will be advertised through our monthly emails.

### 3. S136

Work has just started on a new multiagency S136 policy. The S136 policy is being led by KMPT but will involve all concerned parties such as the NHS, local authority and blue light services across Kent and Medway.

### 4. Out of Area Placements and East Kent Bed Use

Monitoring continues on any delayed transfers of care in acute and PICU (Psychiatric Intensive Care Unit beds) beds. The east Kent situation remains as of November 2016 with no out of area placements for acute patients and PICU out of area placements kept to a bare minimum and of short duration

### 5. Suicide Prevention

The Kent and Medway Suicide Prevention Steering group led by Kent County Council Public Health Department are currently in the process of procuring a range of suicide prevention training and ap. They will also be launching an innovation fund that smaller local projects can apply to on September 10 which is world suicide prevention day.

0800 107 0160 – 24 hour free mental health helpline