

**Live Well Kent**  
**Porchlight Report South Kent Coast MHAG**  
**Quarter 1 and 2**  
**1<sup>st</sup> April – 23<sup>rd</sup> August 2017**

325 referrals were received in South Kent Coast.

Referral was from:

- Self/Carer/Family/Friends - 116
- Delivery network; Funded - 36
- District and County Council Services - 19
- Education, Schools and Further Education - 1
- Employment Services - 11
- GPs - 8
- Housing Services - 11
- IAPTS- 5
- KMPT single point of access - 1
- Lifestyle Services - 2
- Other - 24
- Other Statutory Social Care - 15
- SC - Kent Enablement and Recovery Services [KERS] -3
- SCMH - EIP Early Intervention Psychosis - 2
- SCMH - Inpatient Units- 3
- SCMH - KMPT CMHT Community MH Team - 32
- SC - Primary Care Social Care Workforce - 7
- Substance (Drug and alcohol) Misuse Services - 2
- Voluntary/Community Sector - 26
- Carer's Service (organisations) – 1

262 individuals started a service with 228 being new to Live Well Kent.

For South Kent Coast, people were contacted on average within Q1 1.33 days and Q2 (1<sup>st</sup> July to 22<sup>nd</sup> August) 1.88 days (target is 2 days) and receive a service within Q1 of 10.36 days and Q2 (1<sup>st</sup> July to 22<sup>nd</sup> August) of 8.46 days (target is 7 days).

In quarter one 79% of people using services were from the two highest quintiles of deprivation and in quarter 2 (1<sup>st</sup> July – 22<sup>nd</sup> August) 83% of people using services were from the two highest quintiles of deprivation

54% of people using the service in South Kent Coast had a common mental illness.

- CM1 – 142
- SMI – 94
- Prevention – 26

Number of times MECC advice has been given in the South Kent Coast

- Physical activity - 188
- Alcohol - 186
- Smoking -186
- Healthy eating -187
- Sexual health - 177

The following age break down is for those using a service, with their age at the time of referral:

- 25 & under- 17%
- 26 to 45 – 39%
- 46-64 - 37%
- 65+ - 7%

Gender of people using Live Well Kent Services in South Kent Coast is even between male and female

### **Key Successes**

- LWK staff attended the South Kent Coast patient group meeting in Dover to talk about Live Well Kent
- The Live Well Kent site ([www.livewellkent.org.uk](http://www.livewellkent.org.uk)) has been launched. There is a service locator map, information on how to get help, an online referral form and news and resources pages.
- Folkestone Mind facilitated mental Health awareness sessions for the staff at Saga in Folkestone.
- Innovation projects mid term reports have shown positive improvement in wellbeing for people accessing those projects. Projects in the South Kent Coast area have included; music, sport, art and a support group providing an opportunity for bereaved parents to share their experiences of baby loss with other bereaved parents.

### **Developments for Quarter 2**

- Prevent Training is being organised by Porchlight Live Well Kent and is mandatory for all delivery partner staff who have not yet received this training
- The IPS fidelity audit will be used as a support tool for JET (Porchlight) IPS in Shepway and Shaw Trust in Dover / Deal
- We will be producing an ezine in the next quarter, using it to share all the latest news with the Live Well Kent community and our stakeholders.

- Continue to promote and develop the Peer support work carried out by Take Off and to develop a new Peer Support group with Mcch in Dover/ Deal
- As part of our ongoing quality and monitoring processes safeguarding audits will be carried out with our delivery partners
- We have been encouraging our delivery partners to pledge to Time to Change

### **Quotes from people using services**

“A lot more positive, and a lot more confident, I’m now working for Take Off thanks to Porchlight”.

“Its brilliant”.

“Always constant support, always there for me”.

“They were really helpful”.

Staff were “Very enthusiastic, on the ball with help, very happy”.