

**Live Well Kent**  
**Porchlight Report South Kent Coast MHAG**  
**Quarter 1, 2 & 3**  
**1<sup>st</sup> April – 31<sup>st</sup> December 2017**

**This report covers the following service**

- Folkestone & District MIND
- Take Off
- Mcch Dover Deal
- Porchlight Community Inclusion Service (CIS)
- Porchlight Community Link Service
- Porchlight Housing Support
- Porchlight JET – Employment
- Shaw Trust - Employment

629 referrals were received in South Kent Coast.

Referral was from:

- Self/Carer/Family/Friends - 252
- Delivery network; Funded - 73
- District and County Council Services - 46
- Education, Schools and Further Education - 3
- Employment Services - 31
- GPs - 21
- Housing Services - 17
- IAPTS- 17
- KMPT single point of access – 2
- Lifestyle Services - 5
- Other - 17
- Other Statutory Social Care - 24
- SC - Kent Enablement and Recovery Services [KERS] -4
- SCMH - EIP Early Intervention Psychosis - 4
- SCMH - Inpatient Units- 1
- SCMH - KMPT CMHT Community MH Team - 58
- SC - Primary Care Social Care Workforce - 10
- Substance (Drug and alcohol) Misuse Services - 4
- Voluntary/Community Sector - 37
- Carer's Service (organisations) – 1

- Criminal justice -2

501 individuals started a service with 429 being new to Live Well Kent.

For South Kent Coast, people were contacted on average within Q1 1.31 days, Q2 1.89 days Q3 1.09 target is 2 days and receive a service within Q1 10.28 days, Q2 8.93 days Q3 5.37 days target is 7 days.

In quarter one 79% of people using services were from the two highest quintiles of deprivation and in quarter 2 83% of people using services were from the two highest quintiles of deprivation quarter 3 75%

54% of people using the service in South Kent Coast had a common mental illness.

- CM1 – 272
- SMI – 168
- Prevention – 61

Number of times MECC advice has been given in the South Kent Coast

- Physical activity - 411
- Alcohol - 375
- Smoking -383
- Healthy eating -406
- Sexual health – 366

The target for MECC is 80% and in South Kent Coast we achieved 92% in quarter 3.

The following age break down is for those using a service, with their age at the time of referral: Q1 & 2

- 25 & under- 16%
- 26 to 45 – 39%
- 46-64 - 37%
- 65+ - 8%

Gender of people using Live Well Kent Services in South Kent Coast is male 50% and female 50%

### **Key Successes**

- **Integrated working** – with an increase in successful integrated work within Live Well Kent and its interaction with the wider community. One example is **The Folkestone Mind Live Well Kent hub** is a great asset to the local community. In addition to Folkestone Mind services other services are running sessions and using this space. In January 2018 Porchlight community Link, CIS and Community Housing Support are moving into an office space at Folkestone Mind with a plan to run three weekly 'drop-ins' as well as having assessment space. JET IPS is also hoping to run a job club from this hub. The Kent Community Health NHS One You

Lifestyle Advisor (health trainer) is also signed up to work out of the Live Well Hub once a week. T

- **Folkestone Mind** were interviewed on Academy FM local radio. They have also given a talk to Year 12 Health and Social care students at Brockhill Secondary Performing Arts Academy on Mental Health Awareness and diagnosis and effects of living with mental health.
- **Jim Jam Arts** did a Living Advent Calendar for 3 nights raising awareness of mental health and the support Folkestone Mind provide.
- **Take Off** also made a film with the People's Health Trust that is going to be shown on multiple media platforms nationwide and spoke on Premier Christian radio. .
- **Porchlight Community Housing** - continues to develop links with Hodge Jones Allen housing solicitors. A solicitor from HJA attends our monthly advice clinics in the Dover area
- **Prevent Training** was organised by Porchlight Live Well Kent in November and a number of delivery partners attended. Staff that didn't attend are required to do the training via e-learning.

### **Developments for Quarter 3**

- As part of our ongoing quality and monitoring processes safeguarding audits have been carried out with our delivery partners all of these audits will have been completed by the end of January.
- Continue to promote and develop the Peer support work carried out by Take Off.

### **Quotes from people using services**

**Shaw Trust** - "I am finding job searching hard but I know I have the support of my Shaw Trust advisor who is always supportive and encouraging" "Shaw Trust have helped me with my employment situation and have referred me to other for different support – just knowing that they are helping me is good for my mental health."

**Folkestone Mind** - "If it wasn't for Mind I would be sitting at home feeling isolated and depressed."

**Porchlight Community Housing** "You've been brilliant. You've been honest, and a thoroughly decent human being"

**Porchlight JET IPS** "If I wasn't using this service I don't know what might have happened to me."

"The service is so much better and more welcoming than the DWP"

**Porchlight Community Link**- With the support from Porchlight. Via a charitable application and the remaining funds from our welfare fund the client sent the following to one of our staff; ` Hi Anna I have had such a bad week but my mattress has just arrived and it is amazing. I know it will take up to two weeks for my body to adjust but I seriously cannot thank you enough for everything`