

Live Well Kent

Porchlight Report Dover, Deal & Shepway MHAG

1st April 2018– 22nd June 2018

This report covers the following service

- Folkestone & District MIND
- Take Off
- Maidstone & Mind Kent Mind
- Porchlight Community Inclusion Service (CIS)
- Porchlight Community Link Service
- Porchlight Housing Support
- Porchlight JET – Employment
- Shaw Trust - Employment

Live Well Kent Quarter One ends on the 30th June 2018 we are therefore unable to provide data on number of referrals and sign ups, MECC, 2 & 7 days targets etc. Data for Quarter One will be reported in the next LWK DDS MHAG report.

Key Successes and Updates

- **Mental Health Awareness week** 14th to 20th May was a great success. In total LWK Porchlight held 40 events. In South Kent Coast we held eleven events, Events ranged from a joint event with Folkestone Mind and Porchlight Community Link there were lots of activities on including Mindfulness and Art workshops, over 50 people attended. Two events were held in conjunction with the Dover Big Local and Porchlight services. JET employment ran three events a Curry and Chaat group, Dealing with Stress held at Folkestone Job Centre and a Mental Health Awareness session with a local employer in Folkestone. Deborah Frazer, Programme Lead East Kent Mental Health Commissioning and Jeanette Dean-Kimili, Primary Care Integrator, SKC CCG commented on what a great programme it was.
- **The Live Well Kent Innovation Fund 2018/19** was launched in May and the closing date is 20th July 2018. Successful applicants' funding will start in October 2018. In the South Kent Coast area the Innovation Fund is £20,000 we are particularly interested in projects that work with the following groups; young people (16-25), LGBTQ, Men, BMAE & Rural Communities. The Innovation Fund will provide

initiatives and projects with between £500 to £10,000. £10,000 will only be awarded to an exceptional project.

- **Folkestone Mind** – are continuing to establish their services in Dover. Refurbishment of a building in the Charlton Centre should be completed and ready for use in July. This venue is a joint venture between Folkestone Mind and the Dover Big Local.
- **Maidstone and Mind Kent Mind** – have started facilitating courses in Deal at the Landmark Centre the first one was Coping with Anxiety & Stress.
- **SpeakUp CIC join the LWK network** as a delivery partner from 1st July 2018. They will be offering peer support group in Dover and Deal, groups include; music appreciation and LGBTQ. This is a nine month contract and LWK are pleased to be able to continue to develop and increase peer support work.