

Maidstone Weald Mental Health Action Group (MHAG)



Meeting on 15th March, 2017 at 2pm

At Maidstone Community Support Centre, 39-48 Marsham Street, Maidstone, ME14 1HH

PRESENT	ORGANISATION	EMAIL ADDRESS
Ali Marsh – Chair	Co-Chair Maidstone MHAG/ThinkAction	
Sue Sargeant - Minutes	West Kent Mind	
Andy Wood	KCC, Kent Enablement Recovery Service (KERS)	
Adrian Croucher	KCC, Kent Enablement Recovery Service (KERS)	
Margaret Bell	Samaritans	
Anna Scarr	Children's & Young People's Service/ Children's & Adolescent's Mental Health Service (CHYPS)/(CAMHS)	
Diane Whitaker	Children's & Young People's Service/ Children's & Adolescent's Mental Health Service (CHYPS)/(CAMHS)	
Jacqui Walker	DWP	
Kathrin Davis	Sanctuary Supported Living, Project Worker	
TM	Sanctuary Supported Living, Client	
Steve Bennett	KCC Primary Care Social Work Service	
Jenny Dickson	Insight Healthcare	
Jenny Solomon	Insight Healthcare	
Martin Field	KCC	
Laura Pearce	KCC	
Carol Sommerville	Assert Advocacy	
Lindsay Topham	Shaw Trust Live Well Kent	
Zena Watson	West Kent CCG	
Maureen Belcher	Involve Carers	

APOLOGIES	ORGANISATION
Juliette Page	Co-Chair Maidstone MHAG/Involve Older People's Services
Amanda Sidwell	Making a Difference to Maidstone
Julie Delahaye	KMPT, Occupational Therapy Lead
Shaun Neeves	Home Group
Heidi Bunting	Maidstone & Mid Kent Mind
Lindsay Prestage	KCC Libraries

1. Welcome Introductions & Apologies

The Chair welcomed the group and apologies were noted.

2. Mental Health Services, Promoting Independence Consultation - Laura Pearce

The Promoting Independence consultation is now live until 26th March. The two individual services for housing related support (Supported Accommodation) and the Supporting Independence (at home) are coming to an end. The new service will bring both of these together under one contract.

We currently commission a time and task model however as people's health fluctuates we want to empower providers to offer flexible support so it is more responsive. Have spoken to as many service users and providers as possible. The Consultation ends on Friday 26th March and we would like to hear from more people who use services.

Posters have been distributed to GP surgeries/libraries etc. We are happy to come to your local groups to talk about this. Please promote the consultation and encourage people to take part.

Question: What is the timeframe for rolling out the new model?

Response: It will be in place for 31st October 2017 but we are hoping that people already in the service won't notice a change. We want people to be able to easily get back into services.

3. Minutes from the last meeting were approved with no amendments.

Page 4 Service Update/Introduction for new members, Insight Healthcare services should be from 18 years in West Kent, not 17.

4. Action Points

- a) From Maidstone Weald MHAG: None
- b) Response to question taken to County MHAG: None taken

5. Service User & Carer Questions

From the pre-meeting: None – Please encourage service users and carers to attend pre-meeting and note that services can also bring forward any questions on their behalf. This can also be an opportunity to raise positive experiences of services.

Take to County: No questions.

6. Review new Draft Terms of Reference

The Swale MHAG had a workshop to look at the Terms of Reference (TOR) for their group and presented this at the County meeting. Their new draft TORs ask for a signed commitment from organisations to attend the meetings regularly, as well as changing Working Groups to Task & Finish Groups and introducing Success and Learning items twice a year to the agenda to look at what has been achieved.

These TORs have been circulated to all local MHAGs to comment and feedback with a view to all groups adopting the new TORs. Any comments should be forwarded to the Admin team before the next County MHAG on 19th April, 2017.

ACTION 1: Any comments on the draft TORs to be forwarded to mhag@westkentmind.org.uk before the April County Meeting.

ACTION 2: All organisations involved in the Maidstone Weald MHAG to send name and contact details of the person responsible for ensuring attendance.

7. Information Sharing

1. **County Mental Health Action Group Update** – The County MHAG minutes and local questions are all available at <http://www.liveitwell.org.uk/your-community/county-mental-health-action-group/>
2. **Commissioners Reports:** These reports were circulated separately and are also available on the Live It Well website.

a) **Sue Scamell, KCC** – Shaw Trust now provide an update on behalf of Kent County Council. However, Sue is always happy for any queries to be emailed directly to her on sue.scamell@kent.gov.uk

b) **Zena Watson, West Kent CCG** - Zena outlined some updates to the February report:

Dementia. A new pilot scheme is being launched in Maidstone on 3rd April for 6 months which will enable dementia diagnosis to be made in GP practices in some cases.

Primary Care Mental Health Specialist nurses. There have been 4 for a while and feedback from patients has been really excellent. We have been working with KMPT and GPs to develop a new model of primary care moving some staff from secondary to primary care to support people closer to home.

We met with service users at the Tunbridge Wells Resource Centre who had raised concerns that they would be shut out of services so we will go back with a nurse and patient who has been through service to assure services users.

Eating disorder service redesign. The service is going through a procurement process and a new all age service will be in place from 1st September 2017. The successful organisation will be announced mid April. Carers' skills workshops, upskilling parents/carers to work with the person with an eating disorder, have been held in Sevenoaks and Maidstone, run by Jenny Langley. Feedback has been excellent.

Children's and Young People's (CHYPS) mental health services have been going through procurement alongside KCC. The new service will be in place from 1st September, 2017 and announced April.

Improving Access to Psychological Therapies (IAPT). NHS England has set new access targets of 25% up from 15%. A lead provider contract will be in place from July 2017.

Crisis cafés: Funding for two 6 month pilots have been agreed to open in April. The Solace Café run by West Kent Mind in Tonbridge will be open on Thursdays and Saturdays from 5pm to 9pm. The Hope Café in Maidstone run by Maidstone & Mid Kent Mind will be open on Fridays 5pm to 9pm and Sundays 1pm to 5pm.

Mental Health placements. Cynet Healthcare will be opening a 65 bed hospital on the Kent Medical campus site in Maidstone with first admissions expected in Jan 2018.

3. **Service Update/Introduction for new members**

Live Well Kent, Lindsay. 16th February was the closing date for the tier 3 procurement process for the second year of the service. This has been a huge piece of work based around clients and data and more need has been identified in Maidstone and Ashford and the service will include more diverse and niche projects. There are also structural changes happening to ensure greater efficiency and a smoother journey for the client into the service. Lindsay would like to be able to visit the different service but this will not be possible until after June.

CAMHS, Diane and Anna are Primary Mental Health Nurses, working as the interface between CAMHS Specialist Tier 3 Service and Universal Services, supporting 0 to 18 year olds and transition into adult services approx. 3 months before age 18. They have clinical face to face time and jointly assess with other agencies where there are concerns around a young persons emotional well being, and it is unclear which service will best meet their needs. They operate a consultation line three times a week for professionals with non urgent cases to provide a space for professionals to consider their concerns for a young person, and appropriate support. Attend multi-agency meetings within Education, provide joint consultations, training and support to universal services.

Question: Would you be able to support 17½ year olds?

Response: It would depend on the referral, ie for ASD, preliminary screenings for results and then passed on to adult services. If there were any worries around risk, or harm then they would be reassessed as a priority.

KERS, Andy: Primary Care referrals are on the increase from Steve (Primary Care Social Work service) and the Primary Care Mental Health Specialist nurses.

Samaritans, Margaret: a reminder that we are willing to come out to talk to various groups about our services. Margaret went to the free Dare2Express event at County Hall Maidstone to listen to an inspirational talk from John Dennis who is on a mission to get people talking about mental health. Dare2Express (www.dare2express.org) is a charity aimed at men and young people at school.

Assert Advocacy, Carol: Assert is one of partners within Kent Advocacy, the single point of advocacy service which started on 1st June 2017. We are also part of Tunbridge Wells Mental Health Resource Centre. We provide an Independent Mental Health Advocate (IMHA) across West Kent for people detained under section. In the community we provide support to people to express their views at any meetings with people who make decisions about them. We don't and can't give advice or sway them, we will talk through the options and help them to express themselves. Online referrals are through www.kentadvocacy.org.uk

DWP, JobCentre, Jackie: New role to the role of Disability Employment Adviser which has changed due to the increase of customers with health issues of any kind. The role has been changed to consultancy to upskill all of the work coaches on how best to help people with any kind of health condition to move forward. Jackie works with people 18 years and upwards on Jobseekers Allowance (JSA), Employment Support Allowance (ESA), income support and universal credit and wants to start building a network. There are some 16 to 17 year olds but only in particular circumstances.

Sanctuary Supported Living, Kathrin: They have 2 schemes in Maidstone – Holland Road and Bowermount Road. These are rooms in a shared house with a 2 year move on service, available to suitable candidates aged 18 to 65 with a mental health diagnosis. Referrals are from CMHT and also outside of Maidstone. The young people's service has 5 houses, 3 with 2 people and 2 with 1 person.

Primary Care Social Work Service, Steve: This KCC service is aimed at people with some degree of mental health need, who are not under secondary services. As a social worker he carries out assessments under the Care Act to meet social needs and receives referrals from GPs, primary care mental health nurses, secondary care community mental health team and also self referrals. Steve and another are covering South West Kent, and also, temporarily, North West Kent as the 2 social workers there are leaving. Interviews are being held at the moment.

ACTION 3: Steve to forward electronic version of leaflet for circulation.

Insight Healthcare, Jenny Solomon: The Skype pilot is ongoing so will have feedback for the next meeting. Jennie Dixon added that they are seeing lots of older people who are depressed but lonely (in their 80s/90s) and was looking for suggestions on where to refer them.

- Live Well Kent are trying to offer services where you can talk about mental health but also offer groups for social inclusion purposes. They have commissioned a number of groups around activities and will be releasing more information on how to make the smooth transition with a Community Navigator.
- Involve Older People services are based in hub.
- Silverline - has not great feedback but they do offer a penpal connection.
- www.Do-It.org website has volunteering opportunities

Involve Carers, Maureen: Carries out mental health carer's assessments and is a support co-ordinator, providing emotional and practical support to unpaid carers of those with mental and/or physical problems. The majority come via the CMHT, acute services, GPs or word of mouth. There are around 4,000 unpaid carers, with 800 caring for people with mental health problems. The service is funded by KCC.

4. **Staff changes** - None reported.

9. Working Groups

1. The Networking and Wellbeing Event with Shaw Trust will be put on hold until after the new contracts have been awarded – maybe wait till June.
2. Regular networking breakfast meeting. The first meeting was held on 9th February from 9am to 10am at The Involve Shop, Ground Floor, The Mall (Chequers Centre), Pads Hill Maidstone, ME15 6AT and was attended by 12 different organisations including health visitors, employment support and housing. One of the charities which attended is Beanstalks which supports literacy in children recruiting volunteers who make a commitment to do 1-1 reading with 5 to 11 year olds. They have 165 schools signed up. www.beanstalkcharity.org.uk/
The next date is 20th April, same time and venue. Please RSVP to Juliette Page at juliette.page@involvekent.org.uk if you are interested in attending.
3. A new working group needs to be set up. In the meantime can people please think about how to encourage more attendance from service users and carers.

10. Date of next meeting

18th May, 2017, 2pm at Maidstone Community Support Centre, 39-48 Marsham Street, Maidstone ME14 1HH.

The meeting finished at 3.14pm

ACTION TABLE

Action No.	Action Point	Responsibility	Status
1	Any comments on the draft TORs to be forwarded to mhaq@westkentmind.org.uk before the April County Meeting on 19/4/17.	All	
2	All organisations involved in the Maidstone Weald MHAG to send name and contact details of the person responsible for ensuring attendance.	All	
3	Forward electronic version of PCSCS leaflet for circulation.	Steve	Completed

Administration :

Phone: 01732 744950

Email: mhaq@westkentmind.org.uk

Minutes posted on

<http://www.liveitwell.org.uk/localnews/West-Kent>



APPROVED