

West Kent CCG Mental Health highlight report – Mar 2017

Dementia – Zena Watson

It is estimated that there are currently 2623 people in West Kent who have dementia but do not have a formal diagnosis. There are many benefits of receiving a diagnosis including:

- Access to medication
- Enables more informed care by GP and if admitted to hospital
- Helps family and friends to understand changes
- Enables people to plan for the future and any changes that may occur

West Kent CCG is currently undertaking some specific work to improve the dementia diagnosis rates. This includes working with GP practices, community services and nursing homes to ensure that everybody with dementia has the opportunity of receiving a diagnosis and that they are receiving the care and support that they require.

West Kent CCG is working with KMPT to put systems in place to speed up the process of getting a diagnosis when appropriate.

A new pilot scheme is being launched in Maidstone on 3rd April which will enable dementia diagnosis to be made in GP practices in some cases.

Work has started on development of a West Kent dementia strategy which will aim to improve services available for people with dementia and their families/carers.

Primary Care Mental Health Specialist Service – Zena Watson

There are currently 4 primary care mental health specialist nurses, 2 based in the Maidstone area and 2 based in the Tunbridge Wells area. These nurses have helped more than 300 people transfer their mental health care from secondary care services to primary care. Patients and their families have provided very positive feedback regarding this service.

West Kent CCG plans to expand this service and is currently working closely with KMPT and GPs to develop a new model of primary care which is able to provide care and support closer to home for many of the people who are currently seen in secondary care. This service will commence from April 2017.

Eating Disorder Service Redesign – Zena Watson

Kent and Medway CCG's have been working together to plan a new, improved eating disorder service. There has been extensive public and patient consultation to determine what is important to local people when designing a new service. Included in improvements that people would like to see are:

- Early identification of eating disorders and earlier access to specialist services
- No gap between children's and adult services
- No waiting lists
- Care available closer to home
- More support for families/carers

A new care pathway, including the improvements above, has been agreed between the CCG's and each CCG has agreed a business plan to procure a new all-age eating disorder service. The procurement process takes several months so the new service will be in place from 1st September 2017.

WKCCG have commissioned carers skills workshops for carers of people with eating disorders. These free workshops are being delivered in Sevenoaks and Maidstone. For more details please contact Zena Watson (contact details are at the end of this report).

Children and Young people's mental health – Martine McCahon

The Kent Clinical Commissioning Groups (CCG's) and Kent County Council (KCC) have been working together since early 2014 to improve the quality and scope of universal provision to deliver a new whole system of support and treatment that extends beyond the traditional reach of commissioned services.

The provision of the specified service must be founded on the following principles:

- **Quality and Safety** – The provision of this service must be a child and young person centred and be delivered in a safe, friendly and effective manner by appropriately trained staff.
- **Flexibility and Responsiveness** – The Provider must ensure flexibility in service delivery, to respond to changing levels in future activity and patient needs.
- **Communication and Performance** – The Provider must ensure high-quality communication with commissioners, key stakeholders and other providers to support effective management of the system.
- **Efficiency** Public sector organisations are required to make efficiencies whilst maintaining and improving quality of service. Savings can be made by improved productivity, performance and/or innovative service delivery redesigns. The Provider must demonstrate innovation in their approach using best practice to support commissioners to achieve their annual financial objectives.

The new Children and Young People's mental health service is currently going through procurement and will commence 1 September 2017

Improving Access to Psychological Therapies (IAPT) – Jacquie Pryke

NHS England has set new access targets of 25% (currently 15%) that have to be achieved by 2020/21, the CCG and providers will work towards increasing 3% year on year. This will include IAPT for Long Term Conditions

There will be a targeted approach to increasing access this year for perinatal services, all providers are advertising and making arrangements to meet with Health Visitors and other services

West Kent CCG are going to use a lead provider contract when the AQP contracts expire in July 2017 and contract preparation is underway

Crisis Care Concordat: Jacquie Pryke

DoH Bids:

Of the 6 bids that were submitted, the following 3 bids were successful:-

1. Funding for a secure vehicle for KMPT 136 Suite to transport enable the timely transport of service users from Places of Safety and thus increase availability of timely access by Kent Police to Places of Safety.
2. Funding for a mobile engagement vehicle for Thanet Community Safety Partnership
3. Funding for capital costs for crisis café at West Kent Mind

Crisis Café: Jacquie Pryke

West Kent CCG have agreed funding for a 6 month pilot of two crisis cafes, The Solace Café will be located at West Kent Mind Wellbeing centre, 3 St Mary's Road, Tonbridge TN9 2LD and the Hope Café at The Recovery & Wellbeing Centre, 23 College Rd, Maidstone, ME15 6YE

Both cafes will open in April, date will be announced. Opening times will be as follows:

The Hope café:

Friday 5pm - 9pm
Sunday 1pm- 5pm

The Solace café:

Thursday 5pm - 9pm
Saturday 5pm - 9pm

Street Triage– Jacquie Pryke

In Kent & Medway we have developed two new community street triage services which will run alongside the countywide service, these will be located in Thanet and Medway where there is the most need for this service. Working together the Kent Police and SECamb, both the Countywide and Community Street Triage service is intended to provide guidance and assessment for anyone suffering from a mental disorder in a public place. There will be a strong focus on diversion rather detention; however the primary focus is providing a service that is right for the individual and supporting identification for the most suitable pathway at the earliest opportunity.

The countywide service continues to run an out of hour's when a senior Health Care worker is based in both the Police and SECamb control room and a qualified practitioner is available to carry out assessments across Kent. This service is provided on

Sunday: 16.00 - Midnight
Monday: 16.00 - Midnight
Tuesday: 16.00 - Midnight

Liaison Psychiatry: Jacquie Pryke

Adult services are running an 8-8 service, seven days a week in both Maidstone & Tunbridge Wells Hospital. A bid has been submitted to NHS England to fund a 24/7 service

at MTW site. The bid has passed local and regional approval and is awaiting National approval, which should be announced in March

Neurodevelopmental pathway

KCC have established an all age neurodevelopmental pathway project which will align with health. It will map out and describe all KCC services for children and adults with ASD and/or ADHD and identify gaps and issues in current services. A paper has now been presented to KCC Divisional Management Team and CCG Accountable Officers outlining key actions and priorities for CCGs in implementing the Kent Autism Strategy.

Learning Disabilities – Chris Hird

The CCG has refreshed the Kent and Medway Transforming Care Plan with a renewed focus on:

- Planning the resettlement of current in-patients in conjunction with Specialised and local authority commissioners.
- Analysing CAMHS Tier 4 admissions and mapping existing health, social care and education provision to ensure current plans for children's services will address admission rates to Tier 4 beds.
- Developing a business case for a pan Kent and Medway ASC service to focus on those who are currently placed in, or at risk of admission to specialist/secure ASC services and to work in collaboration with existing social care services for this population.
- Appointment made in January for a Joint commissioner for integrated commissioning for adults with autism/neurodevelopmental conditions to work between KCC and Kent CCGs.
- Delivery of capital projects for CAMHS safe accommodation and adult ASC supportive accommodation.
- Expansion of the provider market with regards to forensic and autism community rehabilitation/placements.
- Establish a forensic outreach service for those with a learning disability.

The CCG continues to work closely with the Community Learning Disability Team to increase the uptake of annual health checks for people with a learning disability through close engagement with GP practices.

Mental Health Placements

Cygnets Healthcare, a private mental healthcare provider has been granted full planning permission by Maidstone Council to build a 65 bed hospital on the Kent Medical Campus site in Maidstone. This aims to provide four specialist mental health services for men and women. The build started in September 2016 with an anticipated 65 week construction programme. If all goes to plan the first admissions are planned for January 2018.

West Kent currently has 35 people placed in out of area specialist mental health and learning disability hospital placements.

Neurodevelopmental pathway – Chris Hird

WKCCG re-commissioned Psicon in 2016/17 to undertake adult ASD diagnostic assessments to keep the waiting list within NICE guidelines of 12 weeks from referral to

assessment. KMPT have now given notice to close their ASC diagnostic service in Sevenoaks from the end of March 2017. All West Kent GP practices have been advised of the service closure and to now send new referrals directly to Psicon.

KCC have established an all age neurodevelopmental pathway project which will align with health. It will map out and describe all KCC services for children and adults with ASD and/or ADHD and identify gaps and issues in current services. It is hoped that the pathway documents for children and adults will be published in April.

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