

Live Well Kent Swale 2016-17 Review

Facts and Figures:

- Swale received 703 referrals in its first year
- 569 people received a service of which 501 were new individuals (not returning to use a service again)
- On average people were contacted within 2 days of a referral being made, although by the end of year, the average for the last quarter from January 17 to March 17 was under the 2 day target set by the Commissioners at 1.47
- People were in receipt of a service from referral on average within 5 days, against the 7 days target set by Commissioners
- The new community housing service supported 35 people in Swale since June
- The service worked overwhelmingly with the highest areas of deprivation, as defined by national deprivation indicators. Averaging 55% for quintile 1 and 28% for quintile 2
- The service supported slightly more females than males
- Around 53% were considered to have a common mental illness (CMI) with 36% reporting severe mental illness (SMI). The service supported a higher number of people with severe mental illness than anticipated for the service. Those not considered to have CMI or SMI were people needing prevention support or did not wish to disclose
- When looking at age groups, the highest percentage were those aged between 26 and 65, although around 21% were under 25

Key Successes

- The new service responded well to unexpectedly high levels of demand in the first six months, which has stabilised now
- Willingness to change and adapt from partners, with new service models developed to better fit with the recovery and self-management focus of Live Well Kent
- Growth in the use of and understanding in the value of peer support models
- Service is viewed positively in challenging circumstances and changing landscape for mental health
- New partnerships and collaborative working – e.g. primary care partnership meetings
- Community Asset development – use of mainstream, community spaces, such as The Quays in Sittingbourne and the Gateway in Sheerness
- Innovation projects in Swale: Shaw Trust Peer Support coffee Morning Group, Swale your Way Football Therapy, Physical Folk

Developments for 2017- 2018

- Build on community asset development model
- Scope longer term support models for those with severe and enduring needs in primary care
- Increase focus on prevention and early intervention work
- Employment/routes to employment – need to promote employability as part of recovery
- Payment by Results introduced for all partners in the service from June 2017
- Develop partnership working with IAPT providers
- Support for delivery partners to increase funding opportunities

