

Live Well Kent
Porchlight Report Swale MHAG
Report for end of Quarter 3

Live Well Kent services in Swale

Swale Your Way Support to improve your mental health and physical wellbeing through individual support and peer support

Shaw Trust – Help to return or stay in employment while recovering from mental health illness with one to one support with your own advisor, personal development programmes, interview skills, help with benefits and job opportunities

MEGAN CIC – A peer support group for people either with a diagnosis of identify themselves with having a personality disorder

Community Inclusion Service – Helping people who are socially isolated to gain confidence and feel part of their community

Community Housing support –supporting people with housing needs resulting from mental health issues

Primary Care Mental Health Specialist- assess and support people who have severe mental health conditions and people who present common mental health conditions in primary care

Referrals

- For quarter 3 we received 132 referrals
- 130 were first contacted within 2 days
- Of the 132 people, 107 signed up to the service and 93 of those were new individuals
- The average days between referral and receiving a service was 5.21 days

Key referral source breakdown:

- 49 Self referrals
- 19 Delivery network
- 26 employment services
- 7 CMHT
- 5 IAPTS
- 4 GP's

Mental Health condition

- 24 people with SMI
- 73 people with CMI
- 10 people with prevention

Employment

- There were 26 people who signed up to the employment service
- 4 people with SMI entered paid employment over 16 hours
- 1 person with CMI entered paid employment over 16 hours

Housing

- There were 20 people who were signed up to the housing service
- 50 people needed housing related support across the network
- 100% of people supported were able to maintain their tenancy

Wellbeing

- 58 people completed 2 or more wellbeing scales showing positive outcomes for wellbeing improvements including
- 47% achieving their goals
- 63% reported feeling close to other people

77% of people using services were from the two highest quintiles of deprivation

Key Successes

Safeguarding audits have been carried out this quarter by Porchlight LWK staff for delivery partner services. Delivery partners have prepared well for these audits and feedback has been how useful they have been. Quality audits such as this demonstrate how we are working with services to improve the quality of delivery across the whole network.

Preparation for General Data Protection Regulation 2018 Porchlight are helping delivery partners be ready for the changes in May 2018.

MEGAN CIC delivered personality disorder training to Porchlight LWK services enabling us to work better with this client group, an example of how expertise can be shared within the network.

Swale Your Way continue to raise awareness of mental health issues both in the local area and also on a wider scale through the Swale Tigers therapy football team, they also received funding to run the Swale Wellbeing Café at Sheerness Healthy Living Centre & the Quays. The Swale Your Way minibus has had all the logo's on it and has been used for many different trip & activities. We have been successful in getting £5000 Groundwork funding to set up a SHED project for military veterans.

Two day WMHD awareness days at Bunnings Sittingbourne for a Sausage Sizzle which raised just over £800. Sandra Bray the Swale Your Way Manager became an external advisor for Kent regional panel for Optivo Housing.

Service User Involvement team delivered a workshop at the LWK Steering groups – During the LWK Steering groups in December we carried out a workshop on the Live Well Kent 2017. The activity for each steering group was to consider ‘What could be the challenges for service users in attending and participating in these meetings?’