

South West Kent Mental Health Action Group

Meeting on Thursday 28th March, 2019, 2pm to 4pm
The Camden Centre, Market Square, Royal Victoria Place,
Tunbridge Wells TN1 2SW

Funded by



PRESENT	ORGANISATION
Phil Davis, Chair	Jobcentre Plus, Disability Employment Advisor/Co-chair SWK MHAG
Sue Sargeant, Minutes	West Kent Mind, MHAG Co-ordinator
Ginny Swaffer	Crossways Community, Manager - Culverdale
Eve de Gray Birch	Engaging Kent, Co-production Facilitator
Stafford Corbett-Smith	KCC, Social Care team leader
Jane Cannam	RBLI, Project Navigator
JC	Reachout service user, Edenbridge
Linda Riley	Service User Involvement Group (SUIG)
Rachel Corry	TWMHR, Charity Manager
Lorna Mullings	Tunbridge Wells Probation Service

APOLOGIES	ORGANISATION
Steve Lewis	KCC Social Work Service
Ali Marsh, Chair	ThinkAction, Operations Manager/Co-chair SWK MHAG
Jill Grainger	TWMHR, Reachout Co-ordinator & Project Manager
Jacque Pryke	West Kent Clinical Commissioning Group (WKCCG)
Carol Campbell	West Kent Mind, REBOOT Digital Community Co-ordinator

1. Welcome, Introductions, Apologies

The Chair welcomed the group and apologies were noted as above.

2. KCC, Mental Health Social Care Service Update, Stafford Corbett-Smith

Stafford outlined the local changes relating to the separation of the social and health care services which are now under KCC and KMPT respectively.

Only the CPN's now care co-ordinate cases. Social workers can assess, identify needs under the care act, ie a care package or KERS service and monitor or re-evaluate every 6 months. They may not be as involved as historically. They are always accessible but contact may be provided through other services, ie KERS. Where relevant they may work alongside a CPN or health worker, so a service user may now have 2 workers.

Comments from the group:

Phil: someone complained that they are now seeing different people all the time and don't have the same bond or continuity but felt that it was also teaching him to be not so reliant on a single person.
Response: The social worker will still be involved but to a lesser degree.

Linda: Was it considered that people may be left with nursing side and not necessarily social work?
Response: It has highlighted the fact that the nursing side is very underfunded.

Ginny: A client was allocated a staff member and Crossways asked for care plan/risk assessment but was told they didn't have them.
Response. We are now using KCC forms but still have plans/risk assessments. The health side should still have all the information available. Ginny to contact Stafford directly.

3. Minutes of last meeting – Approved without amendment

4. Action Points

a) From South West Kent MHAG:

Jan 19-1: *Circulate details of Connect Well West Kent's social prescribing directory. Completed*

Jan 19-2: *Follow up on Live Well Kent website re Kent wide directory.*

Karen Hegarty, Shaw Trust confirmed that this is in hand and currently being worked on. It is in the testing stage at present and we hope to go live no later than the 1st May. **Carry forward**

b) Response to question taken to County MHAG: None taken

4. Service User and Carer Questions

a) Raised at today's meeting: None

b) Take to County MHAG: None

5. Information Sharing:

1. Engaging Kent Update:

KMPT asked HealthWatch Kent to visit 6 Community Mental Health Teams (CMHT) across the county in November/December last year. The Laurel House report has been published and is available on the Healthwatch website. Unfortunately KMPT had not communicated the visit and there were not many people available to talk to.

Comment: It's a shame that there is no reference to disability access. Laurel House report has been circulated.

Engaging Kent was given the money from April last year from KCC to deliver service user voice in mental health. The review has been a year-long process involving representation from the user forums in each area, a carer, a service user, carer's organisation, KCC, Clinical Commissioning Group (CCG), KMPT, West Kent Mind and Advocacy.

The new role of the engagement worker will have time split into 3 main areas:

1. To deliver user forum/peer support with a focus on hearing user voice,
2. Outreach – an engagement plan across the year for new people (BME, young parents, people working, men over 70) as well as other communities.
3. Networking and administration (including attending MHAGs which will now be quarterly, and recording feedback. This will be collated into a database and generate evidence based themes for local discussion at the local MHAGs as well as on a countywide basis.

We hope to start presenting this feedback at the next County and local MHAGs.

We have trialled a different approach at the Maidstone Weald and DDS MHAGs to ensure some time for provider networking, and have tried this today too. A meeting on 3rd April with co-chairs will look at MHAGs going forward.

2. County MHAG Update: The minutes and local questions have been circulated separately and, once approved, are all available at www.westkentmind.org.uk/mhag-county

Phil highlighted the discussion around the Cranmer Ward closure at St Martin's Hospital, Canterbury.

Feedback for the following 'hot topics' is being collected over the next 4 months and can be sent to mhaq@westkentmind.org.uk.

1. Access to CMHTs out of hours

Do people feel that CMHT hours need to be extended beyond 9am-5pm and if so, what particular functions / services of the CMHT is it that they are trying to access outside of office hours?

2. Levels of support following discharge from hospital

What are people experiences around their mental health support after discharge from hospital? Was the support sufficient or could improvements be made? What might those improvements look like?

3. **Commissioners Reports:** These reports were circulated separately and are also available at www.westkentmind.org.uk/mhaq-south-west-kent

a) **West Kent CCG: Nathalie Mulroy**

Phil highlighted new mother and baby unit at Littlebrook Hospital offering inpatient care for mothers experiencing significant mental health problems from 32 weeks pregnant to 12 months after the birth.

b) **Live Well Kent (LWK):**

3. **Provider Service Update/New Members:**

Carer's First: Phil noted that the KCC have awarded Involve Kent the new carers support contract for West Kent. Debbie Ide will continue but will be typed to them.

ACTION 1: Contact KCC to find out about the new carers support contract

Tonbridge Jobcentre, Phil: From 8th April, for universal credit people can contact Citizens Advice who will be in the Jobcentre. Going forward they can also contact the Jobcentre by phone and ask for the statement for journal to be posted out.

Lorna mentioned that ex-offenders are finding it difficult to get help from the Jobcentre but has been signposting to TWMHR. Phil advised that people do not tear up their discharge papers and this has caused problems with getting bank accounts etc

Is it possible to encourage people to have payment direct to landlords for universal credit? Phil confirmed that when they complete the form they are offered budgeting support through, ie Citizens Advice, TWMHR, Culverdale. They can request when they make the claim for money to paid to landlord. A landlord can also request this if someone is in arrears.

RBLI, Jane: The Lets Get Working programme is expected to be extended to 2020. Eligibility criteria: 16 or over, eligible to work in the UK, some form of physical disability (often mental health too). They will create an action plan, largely in relation to employability, CV, interview etc. Action plan for wellbeing may include pilates, swimming, in-house health & wellbeing 6 week course or vocational courses, ie warehousing, retail, customer service. Opportunities for navigators to signpost to other organisation, ie West Kent Mind for arts, music. The programme is well funded and lots of spaces are available. Also have a national careers contract. Referral is from GP, probation or organisations and need to prove that someone is economically inactive, ie on benefits.

Live Well Kent/Aspirations have the funding for people just with mental health diagnosis.

A social prescribing event took place at the Tonbridge Jobcentre including West Kent Mind, One You, Involve and Runway Training. 42 people turned up and were able to speak to someone.

TWMHR, Rachel:

- We are offering IT support in Tonbridge Jobcentre on Tuesdays.

- Our third Care For Us 6 week course for carers is starting on 3rd May.
- Continued funding for the Serenity Café has been secured for the next year for Friday evenings and Sunday afternoons.

Crossways Community, Ginny: The Kitchen Table café on 17 Camden Road has been open since January on Thursday, Friday and Saturday from 9am to 4.30pm and from July also Tuesdays and Wednesdays. It is funded by Crossways Community and they are giving it 2 years to run itself and are trying to show the impact it is having. Very reasonable prices with filter coffee only £1 and bacon roll £1.50.

Tunbridge Wells Probation Service, Lorna: Looking for anyone to come out to the probation service to talk about what mental health support is available? Live Well Kent was suggested and contact will be passed on to Lorna.

6. Task & Finish Group

None agreed.

7. Date of next meeting

27th June 2019 at 2pm at Sevenoaks venue to be confirmed.
Meeting finished at 3.43pm.

Action Table

Action No.	Action Point	Responsibility	Status
Jan 19-2	Follow up on Live Well Kent website re Kent wide directory	Karen Hegarty	Should be available from 1 st May 2019
Mar 19-1	Contact KCC to find out about the new carers support contract	Sue Sargeant	Awaiting response

Administration :

Phone: 01732 744950

Email: mhag@westkentmind.org.uk



Minutes posted on: <https://westkentmind.org.uk/mental-health-action-groups/mhag-south-west-kent>