

## **West Kent CCG Mental Health highlight report – September 2017**

### **Mental Health in Local Care – Zena Watson**

There are currently 4 primary care mental health specialist nurses, 2 based in the Maidstone area and 2 based in the Tunbridge Wells area. These nurses have helped more than 300 people transfer their mental health care from secondary care services to primary care. Patients and their families have provided very positive feedback regarding this service.

West Kent CCG plans to expand this service and is currently working closely with KMPT and GPs to develop a new model of local care which is able to provide care and support closer to home for many of the people who are currently seen in secondary care. More mental health staff are currently being recruited to enable more people to access this service.

### **Eating Disorder Service Redesign – Zena Watson**

Kent and Medway CCG's have worked together to plan a new, improved eating disorder service. There was extensive public and patient consultation to determine what is important to local people when designing a new service. Included in improvements that people said that they wanted to see were:

- Early identification of eating disorders and earlier access to specialist services
- No gap between children's and adult services
- No waiting lists
- Care available closer to home
- More support for families/carers

These areas have been included in a new service specification and, following a comprehensive procurement process, a new service provider has been awarded a 3 year contract for delivery of an all-age eating disorder service across Kent and Medway. North East London Foundation Trust (NELFT) started to deliver this new service from 1<sup>st</sup> September 2017. Their contact number is 0300 300 1980.

For more details regarding any of the above please contact Zena Watson (contact details are at the end of this report).

### **Children and Young people's mental health – Alison Watson**

The seven Kent Clinical Commissioning Groups, Kent County Council and Public Health have been working together for some time to improve the quality and scope of universal, targeted and specialist Emotional Health and Mental Wellbeing (EHWB) provision for children and young people across the Kent County Council area. The aim is to deliver a new whole system approach with support that extends beyond the traditional reach of commissioned Emotional Health and Wellbeing Services.

To realise the shared ambition to improve the emotional health and wellbeing of children and young people commissioners have been working on a number of important projects:

- More support to improve emotional health through the School Health Service commissioned by Public Health from April 2017 and delivered by KCHFT. This

service provides support to improve pupils' mental health and emotional resilience delivered through the School Health Team.

- The rollout of the Big Lottery funded Headstart programme in Kent which aims to improve the mental wellbeing of at-risk 10 to 16 year-olds in Kent and specifically those who have been impacted by domestic abuse.
- The new Children and Young People's Mental Health services (CYPMHS), delivered by North East London Foundation Trust (NELFT), went live from 1 September 2017. The new service has a strong focus on improving outcomes and providing support using a range of approaches to best meet the needs of children and young people. As well as providing targeted and specialist mental health services for children and young people, this service has a single point of access (SPA) that will provide advice, guidance and access to all newly commissioned services provided through the emotional health and wellbeing strategy.

The contract with NELFT also provides additional support for looked after and very vulnerable children supported by KCC. These services have been jointly commissioned by the seven Kent CCGs and KCC and include:

- An enhanced assessment service for Kent Looked After Children
- Support to Early Help Units (delivered by KCHFT) co-located with the CYPMHS SPA
- Post sexual abuse and harmful sexual behaviour services

### **Improving Access to Psychological Therapies (IAPT) – Jacquie Pryke**

NHS England has set new access targets of 25% (currently 15%) that have to be achieved by 2020/21, the CCG and providers will work towards increasing 3% year on year. This will include IAPT for Long Term Conditions

There will be a targeted approach to increasing access this year for perinatal services, all providers are advertising and making arrangements to meet with Health Visitors and other services

Procurement is underway for a Lead Provider and should be completed by the end of November

### **Crisis Care Concordat: Jacquie Pryke**

### **Crisis Café: Jacquie Pryke**

Both crisis cafes were launched in April and have had a very good response rate to date. The Solace Café is located at West Kent Mind Wellbeing centre, 3 St Mary's Road, Tonbridge TN9 2LD and the Hope Café at The Recovery & Wellbeing Centre, 23 College Rd, Maidstone, ME15 6YE

Opening times will be as follows:

#### **The Hope café:**

Friday 5pm - 9pm

Sunday 1pm- 5pm

#### **The Solace café:**

Thursday 5pm - 9pm  
Saturday 5pm - 9pm

A report will be submitted to West Kent CCG in July requesting extended funding for the project. Data is currently being collected to support this.

### **Street Triage**– Jacquie Pryke

In Kent & Medway we have developed two new community street triage services which will run alongside the countywide service, these will be located in Thanet and Medway where there is the most need for this service. Working together the Kent Police and SECamb, both the Countywide and Community Street Triage service is intended to provide guidance and assessment for anyone suffering from a mental disorder in a public place. There will be a strong focus on diversion rather detention; however the primary focus is providing a service that is right for the individual and supporting identification for the most suitable pathway at the earliest opportunity.

The countywide service continues to run an out of hour's when a senior Health Care worker is based in both the Police and SECamb control room and a qualified practitioner is available to carry out assessments across Kent. This service is provided on

Sunday: 16.00 - Midnight  
Monday: 16.00 - Midnight  
Tuesday: 16.00 - Midnight

### **Liaison Psychiatry:** Jacquie Pryke

Adult services are running an 8-8 service, seven days a week in both Maidstone & Tunbridge Wells Hospital.

We were successful in securing the bid to NHSE to fund a 24/7 service at MTW site. Plans are currently being made to develop this service.

### **Learning Disabilities** – Chris Hird

The CCG has refreshed the Kent and Medway Transforming Care Plan with a renewed focus on:

- Planning the resettlement of current in-patients in conjunction with Specialised and local authority commissioners.
- Analysing CAMHS Tier 4 admissions and mapping existing health, social care and education provision to ensure current plans for children's services will address admission rates to Tier 4 beds.
- Developing a business case for a pan Kent and Medway ASC service to focus on those who are currently placed in, or at risk of admission to specialist/secure ASC services and to work in collaboration with existing social care services for this population.
- Appointment made in January for a Joint commissioner for integrated commissioning for adults with autism/neurodevelopmental conditions to work between KCC and Kent CCGs.
- Delivery of capital projects for CAMHS safe accommodation and adult ASC supportive accommodation.

- Expansion of the provider market with regards to forensic and autism community rehabilitation/placements.
- Establish a forensic outreach service for those with a learning disability.

The CCG continues to work closely with the Community Learning Disability Team to increase the uptake of annual health checks for people with a learning disability through close engagement with GP practices.

## **Mental Health Placements**

Cygnnet Healthcare, a private mental healthcare provider has been granted full planning permission by Maidstone Council to build a 65 bed hospital on the Kent Medical Campus site in Maidstone. This aims to provide four specialist mental health services for men and women. The build started in September 2016 with an anticipated 65 week construction programme. If all goes to plan the first admissions are planned for summer 2018.

West Kent currently has 37 people placed in out of area specialist mental health and learning disability hospital placements.

## **Neurodevelopmental pathway – Chris Hird**

Following the closure of KMPT's adult ASC diagnostic service in Sevenoaks at the end of March WKCCG has re-commissioned Psicon to undertake adult ASD diagnostic assessments to keep the waiting list within NICE guidelines of 12 weeks from referral to assessment. All West Kent GP practices are now referring directly to Psicon.

KCC have now published their 0-15 and 16+ neurodevelopmental pathway documents on their website [www.kent.gov.uk](http://www.kent.gov.uk). These are aligned with health and map out and describe all KCC services for children and adults with ASD and/or ADHD and identify gaps and issues in current services.

The Kent Autism Strategy for adults is due to be launched on 11 July at Sessions house in Maidstone.

## **MH Team contact details**

Dave Holman – [dave.holman@nhs.net](mailto:dave.holman@nhs.net) tel 01732 376091  
Jacquie Pryke – [Jacqueline.pryke@nhs.net](mailto:Jacqueline.pryke@nhs.net) tel 01732 375246  
Chris Hird – [chrishird@nhs.net](mailto:chrishird@nhs.net) tel 01732 375203  
Zena Watson – [zenawatson@nhs.net](mailto:zenawatson@nhs.net) tel 01732 376079  
Martine McCahon – [martinemccahon@nhs.net](mailto:martinemccahon@nhs.net) tel 01732376136  
Ali Watson – [alison.watson25@nhs.net](mailto:alison.watson25@nhs.net) tel 01732 375263

