

Thanet Mental Health Action Group

Meeting on Tuesday 15th January 2019, 11am-12.30pm
At Richmond Fellowship, 17 St Johns Road, Margate, CT9 1LU

Attendee Name	Organisation & Role
David Rowden	SpeakUp CIC (MHAG co-chair)
David Garrick	West Kent Mind (MHAG minutes)
HM	SpeakUp CIC
Debbie Barnfather	KCC, Mental Health
Elaine Gorrie	KCC, CMHT
Linda Stocker	The Garden Gate Project
Josh Drewer	Centra – Housing Officer for Homeless Supported Housing
Carolyn Lucas	Healthwatch Kent
Eve de Gray Birch	Engaging Kent CIC
Joy Brown	Ramsgate Job Centre, DEA
Vicki Radford	Margate Job Centre, DEA
Marie Jennings	Margate Job Centre, Work Coach
Tracy Dumbarton	Thanet CCG, EK Local Care MH Lead
GP	Carer
LK	Carer
Teresa Snowden	Porchlight LWK
Tracey Horn	Interim Service Manager
Joshua Kinsella	Avondale Care, Senior Recovery Coordinator
SW	Carer
Amanda McNeill	Carer's Support, Canterbury, Dover & Thanet
Mark Burkin	TakeOff

Apologies	Organisation
Leonie Down	KMPT
KMP	
Jenny Solomon	Insight Healthcare
Leonie Roke	RBLI

Apologies	Organisation
Philippa Eagleson	Avondale Care
Fiona Tapley	Porchlight LWK
Alana Coia	Rethink

1. Welcome, Introductions, Apologies & GDPR Update

2. Minutes from last meeting – Approved without amendment

3. MH Social Care Service Update - Elaine Gorrie

Elaine updated the group about the KCC and KMPT MH Transformation Programme, whereby all Community Social Care Staff returned to the line management of KCC from 1st October 2018. Please see documents circulated with these minutes for further information.

Key points included:

- Importance of the Care Act 2014 and statutory responsibilities.
- KCC MH Social Care staff and KMPT MH workers are line managed separately, but very much work together.
- Some Service Users with dominant social care needs were being looked after by care coordinators/ healthcare workers and vice-versa. Now assigning staff according to clients'

primary, dominant needs. But clients with multiple, complex needs will need both a health care and social care worker.

- (Response to qu.) Tracey and Elaine are working with carers to uphold the Triangle of Care, e.g. by ensuring that carers assessments take place. Not up and running as quickly in younger services for financial reasons. Louise, the OT lead, is looking to address this at the Beacon CMHT. Carers Champions, difficulties promoting carers meetings at the Beacon and the vital role of carers were all discussed.

Action 1: Tracey and Elaine to see if Carers meetings can be better promoted/ advertised.

- Debbie – view the carer as requiring their own assessment – without carer, all falls to pieces. When clients are assessed under the Care Act – are asked if they have a carer, if they need an assessment and if they can provide support.

Action 2: SW to contact Elaine about issues with contacting the Beacon

- Process not about saving money or pushing people out, but about delivering statutory responsibilities - getting the client with the right worker.
- A new service manager will begin at the Beacon in Feb.
- Currently finalising caseloads – all clients will have a lead healthcare professional (health, social or joint).
- GP asked that glass box in reception with staffing levels, etc, be updated.

Action 3: Elaine/Tracey to look at possibility of having photos of health and/or social staff in the Beacon's reception.

- Amanda – seeing a few more carers in crisis – their loved ones have not been seen by MH services for a long time, which is starting to feed into Carer's Support.
- Budgets were discussed. No reductions as far as known.
- Information systems discussed – KCC will soon be using MOSAIC (a new, better system). Will use RiO in the interim.
- Tracey - Split between health and social care happened years ago in Older Adults Services – normal in these services for staff to work separately and do what they were trained to do.
- Now have a specialist, early discharge team for social care. As soon as someone goes into hospital, planning starts, to establish if they have social care needs.
- (Response to qu.) – For someone with complex health and social care needs, we would like to think that there would be a designated care manager (as opposed to speaking to both care managers). As working under the same roof, would copy in the other team.
- Confidentiality issues relevant to carers was discussed – if carers don't have permission to discuss the client over the phone – difficult – some staff will not discuss anything with a carer.
- Liaise with the Forensic Team, led by Janine Hudson at the Trevor Gibbens Unit.
- AMHP (Approved MH Professional) service will return to KCC from 1st April.
- Lots of work being done to ensure that GPs include social needs on referral letters, rather than sticking to health matters.
- New service manager at Beacon may host a drop-in for service users every 6 weeks.

4. Action Points:

(a) From local MHAG

Sep.18-5: *Yvonne to Provide update on new carers' champion.* Elaine's response via email: "We are not in a position to identify a Carer's Champion at present as we are in the process of recruiting new Social Work Staff to the service, but I will update you once we have a named practitioner in this role. For information, have agreed to take a lead across the County to look at the provision of Carers Assessment, who currently does what and with particular emphasis on the role of the Social Work Assistant with KCC." **Completed**

Nov.18-1: *LK to ask KMPT for numbers readmitted to the CMHT or hospital within 3 months of discharge, at a KMPT Consultative Committee meeting. Carry forward*

Nov.18-2: *Yvonne to find out about provision for those who need a home visit from January for their depot injection.* Yvonne Brown (KMPT) responded that: "If a client was unable to attend for their

depot medication, we would offer a home visit if they could not be supported to get in. This may not be possible on the day depot was due but would be arranged as soon as possible after.”

- Tracey advised that many staff used to go out into the community and lots of clients used to come to the Beacon for depot medication – needed to make it safer for both parties. So they have set up 4 clinics: 2 at the Beacon and 2 at Lydden Ward (Margate). Everyone given a time, where a physical health check is also done. **Completed**

Nov.18-3: *Eve to contact Pam Wooding about a module on parity and challenging stigma at the Recovery College. Completed*

Nov.18-4: *David R to visit the crisis café in Canterbury, to see how it's working. Carry forward*

Nov.18-5: *David to ask WKM about any plans for a crisis café in Thanet. Carry forward*

Nov.18-6: *Group to meet to discuss crisis café plans further. See section 7 below: 'Task & Finish Group'. Ongoing*

(b) **County MHAG response to local question:** No question raised at last meeting

5. Service User and Carer Questions/Feedback

(c) **Questions raised at the pre-meeting:** Questions were asked during Elaine's update.

(d) **Questions going forward to County MHAG:** None taken forward.

6. Information Sharing:

1. **Engaging Kent Update:**

Eve described the current MHAG and Service User Forum coproduction process.

A proposed specification for their structure from April is currently with commissioners, to agree funding across the County. Instead of a stakeholder event to discuss the spec, will meet with Service Users and Carers directly. Will also put on training for providers in March/April. MHAG frequency and how info from providers is brought to the meeting is under review. Plan is for MHAGs to stay – networking valued, but scrutiny will only occur at the County MHAG. Will allow more time for active networking, making the most of attendee's time and dovetailing with interface meetings. Feedback and resolution about services should not have to wait for an MHAG.

2. **County MHAG Update:** Please refer to the County draft minutes for full details of discussion, located at www.westkentmind.org.uk/mhag-county

- KCC/KMPT are compiling a guide/ list of contact numbers to share across Kent, for assistance with clients who are homeless or in a MH crisis, both in and out of hours.
- 3 psychological therapy pilots are taking place in KMPT, which will finish soon. Results will be shared at February's County MHAG. Details below:
 - 'CHANGE' - 8 session model for Borderline Personality Disorder. Piloted in Medway. Already successful in Devon.
 - 'Initial interventions' - A 4-session taster package of CBT-based therapy. Clients can see if treatment is for them. Piloted in South Kent Coast.
 - 'Long-term conditions', for people with severe, complex conditions e.g. severe anxiety or psychosis. Piloted in Maidstone.
- Information about payments to those moving from Severe Disability Benefit to Universal Credit – see minutes.

3. **CCG / Live Well Kent Reports:** All reports have been circulated and are located at: www.westkentmind.org.uk/mhag-thanet

a) **Thanet CCG Update, Tracy:** Please see circulated update and main points below:

- There is funding for an enhanced Primary Care MH Service across all East Kent CCGs, to fill the gap between IAPT and Secondary Care. Hope to go live in May/June. Have done lots of engagement to ensure that the service specification will be as robust as possible.
- IAPT procurement for 2020 – thanks to all who completed the survey – currently analysing the feedback.
- In process of agreeing new contracts with KMPT. Additional funding for MH will be given to CCGs, but do not yet know if there will be conditions on how it is spent.
- (Response to qu.): At the moment, people in the gap between primary/secondary care are likely being managed in primary care, by Live Well Kent, or by the 2 Primary Care MH workers in Thanet.
- In other areas, Primary Care MH workers integrate with other services e.g. physical health. Also working to commission a specific MH component in 111 services.
- Street Triage and people falling in the gap between primary and secondary MH service were discussed. Change in NHS takes time.

b) **Live Well Kent (LWK) Porchlight, Teresa:** See circulated update and main points below:

- The LWK employment forum with IPS was very useful – look at common themes/issues for employment service providers.
- Homelessness – Thanet Taskforce and RISE.

4. **Provider Updates / New Members:** Please send any electronic information or leaflets to the MHAG admin team who will be happy to circulate them to the mailing list.

Take Off, Mark: Self-referral available for Yoga sessions.

Garden Gate Project, Linda: There is a drop-in at St George’s Church Hall for those who are socially isolated.

Healthwatch Kent, Eve & Carolyn: Are doing a review of CMHTs – visited the Beacon. Please see the report at http://www.healthwatchkent.co.uk/sites/default/files/hw_mental-health-clinic-the-beacon_final.pdf which was accessed from <http://www.healthwatchkent.co.uk/projects> (Mental Health Services tab), where there are also reports about 5 other Kent CMHTs.

The Beacon CMHT, Tracey: Currently conducting an audit about DNAs (Did Not Attend) appointments, to see if we can do anything to prevent them.

(By email) Rethink Thanet Way Employment Service:

- Bolstering referrals (working with both Margate & Ramsgate Job centres), Providing information sessions with Staff
- Looking to push the GP Link.
- Working with Large organisations (e.g. Turner Contemporary).
- Mental health training for staff.
- Drop in sessions every Wednesday between 10 – 1 at the Quarter Deck in Margate.

7. Task and Finish Group

The group arranged to meet on Tues 29th Jan at SpeakUp CIC’s main office on King’s Street, to discuss the possibility of setting up a Crisis Cafe in Thanet.

8. Date of next meeting

Tuesday 12th March 2019, 11am at The Beacon, Manston Road, Ramsgate, CT12 6NT

Action Table

No.		Responsibility
Nov 18-1	Ask KMPT for numbers readmitted to the CMHT or hospital within 3 months of discharge, at a KMPT Consultative Committee meeting.	LK

Nov 18-4	Visit the crisis café in Canterbury, to see how it's working.	David R
Nov 18-5	Ask WKM about any plans for a crisis café in Thanet.	David G
Nov 18-6	Group to arrange to meet to discuss crisis café plans further.	All
Jan 19-1	See if Carers meetings at the Beacon can be better promoted/ advertised.	Tracey/Elaine
Jan 19-2	Contact Elaine about issues with contacting the Beacon	SW
Jan 19-3	Look at possibility of having photos of health and/or social staff in the Beacon's reception.	Tracey/Elaine

Administration :

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Minutes and supporting documents are posted on:

www.westkentmind.org.uk/mhag-thanet



APPROVED