

Live Well Kent
Porchlight Report Thanet MHAG
Quarter 1 - 2
1st April - 23rd August 2017

350 referrals were received in Thanet.

Referral was from:

- Self/Carer/Family/Friends - 169
- Delivery network; Funded - 27
- District and County Council Services - 10
- Employment Services - 14
- GPs - 31
- Housing Services - 11
- IAPTS- 5
- Lifestyle Services - 2
- Other - 12
- Other Statutory Social Care - 20
- SC - Kent Enablement and Recovery Services [KERS] -2
- SCMH - EIP Early Intervention Psychosis - 1
- SCMH - KMPT CMHT Community MH Team - 17
- SC - Primary Care Social Care Workforce - 4
- Voluntary/Community Sector -22
- Criminal Justice – 1
- SCMH – CAMHS - 2

276 individuals started a service with 242 being new to Live Well Kent.

For Thanet, people were contacted on average within Q1 1.4 days and Q2 (1st July to 22nd August) 1.29 days (target is 2 days) and receive a service within Q1 of 6.92 days and Q2 (1st July to 22nd August) of 6.74 days (target is 7 days).

In quarter one 92% of people using services were from the two highest quintiles of deprivation and in quarter 2 (1st July – 22nd August) 83% of people using the services were from the two highest quintiles of deprivation

69% of people using the service in Thanet had a common mental illness

- CM1 – 191
- SMI – 73
- Prevention – 12

Number of times MECC advice has been given in the Thanet

- Physical activity - 269
- Alcohol - 252
- Smoking -248
- Healthy eating -256
- Sexual health - 244

The following age break down is for those using a service, with their age at the time of referral:

- 25 & under- 16%
- 26 to 45 – 38%
- 46-64 - 40%
- 65+ - 6%

Gender of people using Live Well Kent Services in Thanet is male 44% and female 56%.

Key Successes

- The Live Well Kent team had a stall at the Lark in the Park event in Ramsgate for two days. We were able to promote the Live Well Kent services and answer questions about mental health and general wellbeing.
- Innovation projects mid term reports have shown positive improvement in wellbeing for people accessing those projects. Projects in the Thanet area have included creative arts, horticulture & art. One of the innovation projects the Pie Factory has been offering free music and arts workshops to inspire and influence children and young people who are facing difficulties in their lives. The PIE Factory's work has been posted on social media.
- The Live Well Kent site (www.livewellkent.org.uk) has been launched. There is a service locator map, information on how to get help, an online referral form and news and resources pages.

Developments for Quarter 2

- Prevent Training is being organised by Porchlight Live Well Kent and is mandatory for all delivery partner staff who have not yet received this training.
- The IPS fidelity audits will be used as a support tool for Rethink IPS in Thanet
- Continue to promote and develop the Peer support work carried out by SpAce, Take Off and Richmond Fellowship.
- We will be producing an ezine in the next quarter, using it to share all the latest news with the Live Well Kent community and our stakeholders.
- As part of our ongoing quality and monitoring processes safeguarding audits will be carried out with our delivery partners.

- We have been encouraging our delivery partners to pledge to Time to Change.

Quotes from people using services

“Porchlight has done more for me than all psychiatrists and psychologists at getting me to go out. Confidence in myself for the first time. I am able to speak up for myself and say exactly what I think”.

“I’d be in a very sorry state; I’d be committed to St. Martins”.

“A local service, everyone is supportive and networking”.

“Effective, does what it say on the tin”. (Central Referral Team)