





**Live Well Kent**

**Porchlight Report Thanet MHAG**

**Quarter 2 October 2018**

**This report covers the following services:**

- Take Off
- Richmond Fellowship (and SpAce)
- SpeakUp CIC
- Porchlight Community Inclusion Service (CIS)
- Porchlight Community Link Service
- Porchlight Housing Support
- Porchlight Thanet Health Inclusion Service (THIS)
- Rethink Thanet Way – Employment.

**Data from end of Quarter 2**

Total Referrals 221

IAPT referrals 4 + 4 self referrals where IAPTs recommended LWK

GP referrals 17 + 12 self referrals where GPs recommended LWK

KMPT referrals 10 + 4 self referrals where KMPT recommended LWK

Self-referrals 87 (12 via website, 13 recommended by previous service users)

Sign ups 164

SMI 33

CMI 106

Prevention 25

Contact within 2 days 213 96%

Average contact 1 days

Average start of service 2.74 days

MECC intervention 159 96%

Active caseload at end of quarter 259

Friends and Family Test 100% 39 Yes and 0 No

### **Quotes from service users of Live Well Kent**

“Thank you for treating me like a person and talking to me honestly and caring”.

“I have moved into new accommodation, thank you for the support and help, I will contact you again in future if needed more help”.

‘In that time you have given me the foundations to grow in strength my confidence, self-esteem and assertiveness through the R2R workshops. I now feel it is time to move on...’

‘I was just going to write to you to cancel our meeting because I've got a job! It was lovely to meet you and you were very helpful. Thank you! I wish more people I was dealing with in the last 3 months were like you’

“Take Off was there to listen and give support when I felt like I couldn't talk to anyone else’

### **Highlights**

Richmond Fellowship have taken over the management of the SpAce project from 1<sup>st</sup> July; this is a good fit with them as they have experience of training and running peer support groups. Improvements are already showing in quarter 2

Relationships are working well in relation to Primary and Secondary care social work teams. The interface meetings have been useful. Case studies can be discussed and a greater understanding is built of each other's services. More delivery partners are now attending and the benefits are being discussed in the Focus group (formerly called Steering group).

The Creative group at Take Off continues to run well in Margate at Cliffs Café with an average of 6, we are always welcomed warmly there. The group help each other with their projects, some people are experienced artists and some claim they aren't creative, yet create wonderful pieces!

### **Social media in summary**

Our Facebook posts about Live Well Kent were seen a total of 17,804 times. They were shared 90 times.

Our twitter posts about Live Well Kent were seen a total of 14,332 times. They were shared 25 times.